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Xavier flies the flags of the world

The CIE is celebrating International Education Week with a host of events

By Mo Juenger
Staff Writer

From the Musketeer Mez-een to the Xavier Yard, the Center for International Education (CIE) is making Xavier's international community feel at home this week.

The CIE is celebrating International Education week from Nov. 18 to Nov. 22 with events including an International Coffee Hour, International Kid’s Day, Study-Abroad Fun Facts, World Cultures Book Display, Flags Around the World Display, Around the World Display, Cultures Book Display, Flags Abroad Fun Facts, World and an ‘Out of This World’ Gala.

Blue Blob’s Diner, Victory Perk and All for Subs are also including limited-time only menu offerings reflecting foods of different international cultures.

International education week, a U.S. holiday, is designed to celebrate both the contributions of international students at colleges across America and promote study abroad opportunities. The designated holiday has been celebrated every November since its inception in 2000.

After studying abroad in Bilbao, Spain, last summer, senior international business major Andy Batchelder believes that international education is an experience everyone should have.

“International education is an experience every one should have.

It was the time of my life,” Batchelder said. “I got to learn all about the culture and enhance my Spanish speaking abilities. I got to meet so many new people that I would never have met before if I didn’t study abroad.”

Batchelder added that he hopes all students who have the opportunity to study abroad do so.

Many students have expressed the importance of the celebration and their role in demonstrating the diverse experiences of the international student community.

“This week is important because it allows students to realize that there are so many students like us,” senior international student from Mexico Francisco de la Garza said. “We’re not in this different world. Studying at home and here… It’s completely different.”

Sophomore biomedical science major Mahnoor Zahra is an international student from Karachi, Pakistan. She spoke about some of the difficulties she has experienced in her transition to Xavier that many students may not recognize.

“When it comes to my experiences, it’s way different than other students’ experiences,” Zahra said. “There are things that domestic students do, and I won’t understand what they’re doing, like they have to explain everything to me.”

Zahra elaborated that one of the main problems comes simply from the difference in language.

“And when it comes to pronunciation and accents, mine is very different,” Zahra said. “In the beginning, I really struggled with that. I had to think about it, like, ‘Make the sentence and say it.’ So it was a big struggle for me.”

Zahra expressed frustration at the communicatory obstacles she faces with her peers.

“I feel like people don’t understand me clearly… When I want to get my voice heard, I have to make an extra effort.”

Graduate student in the Emerging Leaders Masters of Business Administration program and international student from Thailand, Ploy Sithisakulrat, noted that these obstacles can even extend past language.

“When we go out there in the Xavier bubble, it’s tough. There’s a barrier, not just with the languages but with the cultural differences between us. Sometimes (non-international students) don’t know how to ask certain kinds of questions.”

Zahra and Sithisakulrat remarked that the CIE provides a safe space for international students to connect with one another. International Education Week creates further opportunities for such community bonding.

“There’s this space that we all understand each other, and we know each other’s back and we know each other’s struggle,” Sithisakulrat said.

“CIE is our home,” Zahra said. International Education Week will be celebrated in the CIE and across campus through Friday. Event calendars are listed in both the CIE office and on the CIE social media accounts.

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Campus News

Library seeks to make an impact
Community outreach programs, like Food for Fines, continue at the library

November is Food for Fines month at Xavier's McDonald Library, one of the yearly programs the library hosts with student organizations to raise awareness about issues in the Xavier community.

Food for Fines is a way for students to waive any library fines they have amassed from having overdue books or laptops.

To waive fees, students can choose from a list of items to donate. These items are sorted into three categories. Each category has a monetary value assigned to it, correlating to how many dollars of fees will be waived.

These categories include $3 items such as canned good or rice, $5 items like cereal and peanut butter and $7 items like hygiene items. All of the items that are donated will go to help support The Store, Xavier’s on-campus food pantry.

In the first two weeks, the library has waived $343 in fines and has collected many items to give to The Store.

Martin also said the Food for Fines program takes place in November around the Thanksgiving holiday as it seeks to promote the spirit of giving.

“I think the Food for Fines program is a good way to promote thoughtfulness and kindness in the holiday season,” sophomore nursing major and desk employee Angelica Molen said.

“Students can be grateful for what they have and give to others but also get something back,” she said. “It’s also nice because there are so many different ways students can give to the cause.”

For more information about the Food for Fines program, including a full list of items, students can visit the circulation desk at the library.

In November alone, in addition to the Food for Fines drive, the library has had several active initiatives. One of these included a writing day in celebration of National Novel Writing Month, better known as NaNoWriMo. Another is a display in the library raising awareness for International Education Week, which is concurrently happening this week.

The library has student artwork displayed throughout the building and helps facilitate many student and faculty book clubs throughout the year.

“The students are our livelihood, serving our campus and our community is the reason we are here,” Martin said.

The library updates students on current and upcoming events on its webpage and on social media. It is always looking for feedback and input from students.

Newswire photo by Hunter Ellis

Student employee Angelica Molen (left) and circulation supervisor Meg Martin (right) pose beside the Food for Fines donation bin in the CLC.

Tweets of the Week

Take a minute to check out the best Xavier-related Twitter content from the past week
Follow-up: the reach of TPUSA

An educator’s perspective on school violence

By Joseph Cotton
Staff Writer

“We have had a special teacher who pushed us to be come better students and bet ter people. As teachers all over the world are being celebrated for their hard work, many of the future educators studying here at Xavier are looking ahead to the career path they have chosen.

One of these future educators is senior Micaela Donatello, who plans on teaching Spanish in the future. She has experience teaching foreign languages. She originally came to Xavier to study business but quickly realized she enjoyed working with kids more than working in the business setting.

“After four years of observations, I’ve found that Cincinnati has very good public schooling,” Donatello said when asked where she plans on teaching. “I also enjoy Cincinnati as a city and have never had a negative experience in any of our schools.”

Donatello mentioned how her fifth-grade teacher, Ms. Whiting, helped her through big and stressful times while she went through school.

“She motivated me to work a lot harder and to re alize that I enjoyed going to school every day,” Donatello said.

Donatello stated she is aim ing to create an environment where students look forward to coming to her class.

“I see my teaching style be ing very relaxed,” Donatello said with a curriculum like Spanish, I have the freedom to make it fun and individualized for each student.”

She said she looks forward to fostering a classroom en vironment of mutual respect and getting to know students on a personal level.

Education majors are re quired to complete around 300 hours of fieldwork, including 200 hours of student teach ing in several different types of classroom and at Cincinnati Teachers in the state of Ohio are also required to complete the Educator License Exams.

“Many students are asked to report the ‘real world’ rates of school violence,” Donatello noted. “It is in the back of every teacher’s mind because of the amount of violence we have seen recently.”

“I’ve been in schools that are extremely violent and they re alize they need to prevent ‘school violence,’” Donatello said. “The mea sures they have in place are a lot higher than when I went to school.”

(School violence) is con stantly something we’re thinking about. We’re working on addressing it every day,” Donatello said.

“My professors have been teachers at one school and they believe that everyone should be aware of violence. "It’s a part of the environment. We hope they’ll get to a point where they’re able to create a safe environment for all students, especially those in special education,” Donatello said.

Donatello said she feels as though her time at Xavier has prepared her for the world of education.

“I have received a lot of hands-on experience in the classroom.” Donatello said.

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Kaepernick hosts open tryout for NFL

Workout re-located after NFL-organized workout negotiations fell through

By Hunter Ellis
Staff Writer

On Saturday, Colin Kaepernick hosted a private workout in front of seven NFL teams in Riverdale, Georgia. The work-out was held despite disputes among league representatives about its terms.

Kaepernick made national headlines in 2016 for a series of.bi-ethnic protests against race-based police brutality, wherein he decided not to stand for the national anthem played at NFL games. The issue of protesting the anthem has been a source of national discussion and division, including on campus.

“I think Kaepernick is un-American and doesn’t understand the meaning of our national anthem,” first-year criminal justice major Joe Cannata said. “He should realize the sacrifices people make to defend this nation and the freedoms we have.”

“I admire Kaepernick, and I admired him using the platform he has to stand up for what he believes in, regardless of the personal, financial and professional setbacks it has caused him,” senior Philosophy, Politics and the Public policy, Politics and the Public double major Sam Peters said. “I think that more people should use the pulpits they are given to stand up to fight (for) issues in our country.”

Heading into the 2017 season, Kaepernick chose to opt out of his contract with the San Francisco 49ers after an inconsistent tenure. He led the team to a Super Bowl in 2013 but was eventual- ly benched multiple times in favor of backup Blaine Gabbert.

Kaepernick has been without a team since leaving the 49ers. He has publicly called out the league for blacklist- ing him and filed a collusion grievance against the NFL in 2017. That grievance was set- tled out of court this year.

Last week, the NFL sud- denly announced that it would host a workout at the Atlanta Falcons’ practice facility for Kaepernick. The NFL stated that any team was welcome to attend.

A published schedule for the event included an interview session with the teams, pre-workout measurements and quarterback drills led by former NFL head coach Hue Jackson.

Although 17 teams com- mitted to attend, at least 24 were expected at the league-sponsored workout. Kaepernick’s plans changed 30 minutes before the work- out was scheduled to start. He said he had issues with how the league organized it, citing a waiver he was asked to sign and the fact that media were not allowed to attend.

The NFL maintains that the waiver was the standard for a free-agent workout.

Kaepernick instead host- ed his own workout about 30 minutes from the original loc- ation, which no camera- men and fans were allowed to be present.

Because of the quick change of plans, however, only seven teams were con- firmed to have attended.

Kaepernick had previously discussed an opportunity to play in the Alliance of American Football (AAF). The Athletic reported he initiated talks with CEO Charlie Ebersole.

The AAF folded in April after filing for bankruptcy.

Kaepernick has yet to re- ceive any contract offers. In a speech following the workout, Kaepernick urged the scouts present to “go back (and) tell your owners not to be scared.”

“There are no deadlines for teams to sign unrestricted free agents.

“It’s been three years since he has played in the NFL. I don’t think he will get an offer,” first-year biology major Jacob Lyons said. “I think he should try for the NFL if he wants to play.”

Week in Review

Christmas and drinking your weight

- A couple in Texas were ordered to take down their Christmas decora- tions until “closer to the holiday season,” according to a notice from their local homeowners association. They decorated early because they are expecting a baby and will not be able to do so later in the year (Nov. 15).
- Firefighters left a note apologizing for drinking a man’s milk after they saved his house from a wildfire in Australia. “They don’t have to pay back the milk, I’ll just sort them a couple cases of beer,” the man quipped (Nov. 17).
- A Colorado woman’s wedding ring was returned from a beach in Florida thanks to a group called The Ring Finders. A member of the group canvassed the area with a metal detector and even- tually found her ring buried nine inches beneath the sand (Nov. 17).
- A bar in Dubai is offering a special. For every pound a woman weighs, she receives $0.12 in free drinks. Women can uti- lize a scale at the bar or follow the honor system and tell bartenders their weight. The promotion’s motto? “It’s good to gain weight” (Nov. 18).
Hong Kong faces increased violence
Protestors remain trapped on college campuses as police surround the perimeter

BY JOSEPH COTTON
Staff Writer

About 600 student protestors have surrendered to police and are currently held inside of Hong Kong Polytechnic University (PolyU) after police surrounded the campus. According to The Guardian, 30-50 people remain inside the university.

On Monday, many of the students attempted to leave the campus in a mass exodus, many were immediately arrested and those who were forced back inside the university.

The fleeing student protestors were reportedly targeted with “ten minutes of nonstop tear gas,” according to University of Hong Kong Director of Communications and Development Jennifer Wang.

The mass exodus was prompted by the president of the university asking the student protestors to leave in a Facebook video.

The president stated that he had negotiated a temporary suspension of the use of force and urged the students to exit the university at an exit point designated by police to turn themselves in. The police have also threatened to use live ammunition against the protestors if they continue to use what they call “lethal weapons.”

CNN reported that the police are armed with what appeared to be assault rifles and that the weapons were “ready to use.”

The student protestors are armed with Molotov cocktails and petrol bombs, as well as bows and arrows according to NPR. The protestors have been retreating as the police have moved used tear gas, blue-throw, water, pepper spray and rubber bullets against them.

The protestors have also set fire to two bridges that lead to the campus in an attempt to keep the police out. Also burned a police vehicle by the university clashed with protestors.

PolyU!

Protest organizers reportedly airdropped messages saying, “Immediately call people in 18 districts to... distract police. Everybody save PolyU.”

Unarmed soldiers of the People’s Liberation Army have been seen in the area but were deployed to clean bricks and other debris off of the streets. Protestors have seen the presence of the Chinese military as a warning.

Judging by the looks of it, it seems like there’s going to be a repeat of the Tiananmen Square massacre," sophomore John Higgins said. “In this scenario, there’s no choice but whatever they (the protestors) do they will likely be met with violence.” He also said that the governments of the free world need to do more about the Hong Kong situation and that it is one of the defining moments of our time.

The U.S. Senate passed a bill that would require the U.S. Secretary of State to certify that Hong Kong is autonomous enough from China to qualify for trade.

Hong Kong is considered a semi-autonomous part of China that is governed by the “one country, two systems” policy adopted in 1997, allowing it to keep many of the civil liberties denied to citizens of the mainland.

Many of the protestors fear that the Chinese Communist Party is trying to take away the province’s autonomy. The protests began around five months ago, with peaceful rallies that demonstrated against an extradition bill which would allow Hong Kong prisoners to be tried in mainland China. The protestors have been concerned with the government’s encroachment on their rights designated under “one country, two systems.”

Supreme Court hears oral arguments for DACA

BY MO JUENGER
Staff Writer

The Supreme Court heard oral arguments Tuesday about the Deferred Action for Childhood Arrivals (DACA) program last Tuesday. The DACA program, an executive order under president Obama, offered protections to people under the age of 30 temporary residence in the U.S. before age 16, are migrants that are not true. They’re just searching for a better life and better opportunities,” Jarzombele said.

Jarzombele also expressed her belief that DACA recipients often merit citizenship. “They’re citizens. They’re contributing to society.”

The DACA program has previously stated that it does not plan to immediately deport those whose status expires.

Approximately 700,000 people currently hold DACA status. The program provides recipients with work permits and government loans for public higher education. In some states, it allows recipients access to subsidized government health care and social services.

Some students feel that the termination of the program is limiting immigrants’ access to meritized opportunities.

“If it gives good people an opportunity to keep working, then it should be in place,” sophomore biology major Bolu Salami said.

President Donald Trump’s tweets regarding the program have sparked controversy throughout the court proceedings.

“Many of the people in DACA, no longer very young, are far from ‘angels’,” Trump tweeted in support of the program. “They’re not just trying to smuggle drugs across the border, which is the impression Trump is trying to give.”

First-year nursing major Grace Jarzombele agreed with Jeelani. “I just think a lot people have stereotypes about immigrants that are not true. They’re just searching for a better life and better opportunities,” Jarzombele said.

One hundred forty-three companies who employ DACA recipients have filed briefs in support of the program, including Apple, Facebook, Google and Twitter.

DACA is currently not accepting new applications during the trial but current recipients can still renew their status if they are eligible.

The court is expected to reach a decision by June.
I believe hate speech is wrong. But I don’t believe it should be criminalized. Allow me to explain. The original argument, published by my colleague last week, claims that a recent rash of hate crimes in America is caused by the growing acceptance of hate speech. While that is certainly troublesome, it is not the source.

Hate speech is borne of hateful ideology just as hate crimes can be borne of hate speech. The source itself is hateful sentiment, one cause of which can be hate speech. It is a generalization to say that the root of hate crimes is only hate speech because hate speech has its own source.

That being said, if we were to criminalize the actual root source of hate crimes, we would be criminalizing ideologies. To totally criminalize a logical source would be to create an invasive, limited-speech system far beyond what I believe the original argument intends to promote.

A secondary problem with the original piece is an enormous confusion between the concepts of criminalization and de-platforming speech. It cites the Twitter ban as an example, saying that their loss of speech has contributed to a loss of social power.

Twitter is a private company. The corporation reserves the right to ban anyone from their platform without complying with their standards. Social media companies’ decisions to de-platform certain users is not an imposition on any perceived right to free speech.

De-platforming is simply taking away a space in which a person chooses to utilize their right to free speech; criminalization is enforcing legal retribution on that choice.

The original argument makes an excellent case for the root cause of those who commit hate speech, but not for the actual criminalization of it.

Thirdly, a problem arises within the original argument’s definition of hate speech. The original argument describes hate speech as “racist,” “anti-Semitism,” “xenophobic,” “misogynistic” and “violent.” One of these descriptors is an outlier.

Legally, the word “violent” does not belong within this group. Hate speech considered violent — that which incites an imminent or clear and present danger — is currently not protected and not being criminally protected since the 1987 Supreme Court case of Brandenburg v. Ohio.

It is important that we remember and speak their names: Ignacio Ellacuria Beas Cochea S.J., Ignacio Martín-Baró S.J., Humberto Mendoza S.J., Juan Ramón Moreno S.J., Joaquín López y López, S.J.; Amando Ramón Moreno, S.J.; Joaquín Segundo Montes, S.J.; Juan Nacario Ellacuria Beas Cochea S.J., Teresa Barrientos; and the mother remained strong fused, saying she would need her strength for the baby, but we have to remember to take care of ourselves. If Jesus stopped to sleep, so can we.

The Ignation Family Teach In for Justice (IFTJ) is the largest social justice conference in the United States. Hosted by the Ignatian Solidarity Network, IFTJ is a gathering of more than 2,000 members of the Ignatian family.

This IFTJ was special. This past weekend was the 30th anniversary of the Jesuit Martyrs at the University of Central America (UCA) in El Salvador. The victims were murdered for speaking out about social injustice happening around them.

In 1989, El Salvador was going through a bloody civil war. Salvadoran government viewed the Jesuits at the UCA as “fully identified with subversive movements.” Jesuits spoke out about the conditions of the poor who were disproportionately affected by the war. The martyrs were considered rebels simply for living their faith. The Jesuits did what God needed them to do and they were brutally murdered for it.

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People mourn and memorialize the martyrs (see the memorial on the side of Bellarmine Chapel) but that isn’t enough.

The simple act of remembrance is the core of this event.

One of the women was a new mother. She is an intern for the United States. Hosted by the students of Xavier University, 3800 Victory Park, Cincinnati, OH 45207. One copy is free per person each week.

The Xavier Newswire is committed to reporting the news as it affects its student body. All content is original and copyrighted. Each article is reviewed by a student, faculty or staff member. All opinions expressed are those of the individual authors. The Xavier Newswire is published weekly throughout the school year, except during vacations and final exams, by the students of Xavier University, 3800 Victory Park, Cincinnati, OH 45207. One copy is free per person each week.

*The Newswire has made the decision to stray from the AP Style Guide when printing the words White and Black in reference to groups of people. We have decided to capitalize both.

Miles Tiemeyer is a senior Philosophy, Politics and the Public major. He is a graduate student at Xavier Newswire from Cincinnati.
The threat of extremism: Part two

I fear the intent of my previous opinion piece may have been unclear. As a writer, a journalist and an American, I have no qualms with free speech. The target of this series is extremism, and the criminalization of hate speech was merely one proposed solution. This week I will provide another: The removal of internet algorithms.

If you have ever shopped online, browsed a social media feed or conducted a Google search, algorithms have dictated your actions. In the context of internet use, algorithms are finite sets of calculations meant to control your experience. While certain algorithms can be beneficial there’s nothing nefarious about algorithms and why some headlines you may have seen in the past may be misleading — there’s nothing nefarious about algorithms, they can make better decisions for us in some part on social media.

Police officer looking on. This open wound running from in the classroom but the people really changed my trajectory as a graduate. However, what to major in history as an undergraduate meant to control your actions. In the context of internet use, algorithms have dictated the content displayed on various platforms, including Facebook, Twitter, and Instagram.

One of the defining features of my personality is an immense curiosity about people, both individually and collectively. This interest led me to major in history as an under-graduate. However, what really changed my trajectory in life was not what I learned in the classroom but the people I’ve met in the world.

In particular, I once saw a man on the street with an open wound running from right above his ankle to mid-thigh. There was a hospital right across the street and a police officer looking on. This moment crystallized injustice to me. I do not care about the context. That man had a right to medical attention. Today, that man is unlikely to see a doctor because the poverty line in the wealthiest country in the history of the world is not accessible. Americans cannot afford a $400 unexpected expense. To me, this is one of many reasons why internet algorithms are non-human. Their artificial nature makes them free of the unpredictability of human speech.

One experience that stood out to me was an internship at Catholic Charities where I saw firsthand the complicated loops that clients were forced to go through to receive a can of beans from the food pantry. I thought that there had to be a more compassionate and dignified way that we could help our neighbors in need.

I came to the conclusion that our current welfare system is an algorithm.

The old adage, “give a man a fish, feed him for a day; teach a man to fish, feed him for a lifetime,” is incomplete. You also need to give a man the tools to fish.

Yang's message is uniting, and he expressly makes arguments designed to appeal to progressives, liberals, conservatives and libertarians. Thus, rather than focus on division in our hyper-partisan age, Yang asks us to reflect on how our goals often align and, most importantly, empower every American to have the means to make their own choices.
Xavier knocks off Hokies in NCAA Tournament
Musketeers advance to second round, will face No. 11 Kansas on Friday

BY WILL PEMBROKE
Staff Writer

The 2019 dream season for Xavier women’s soccer lives to fight another game as it pulled off an upset in the opening round of the 2019 NCAA Tournament. The No. 21 ranked Musketeers team came in clutch with a 1-0 victory in a hard-fought game against Virginia Tech.

Xavier took the lead early in the game off of a second minute goal from sophomore midfielder Molly McLaughlin. Virginia Tech’s defense cleared a cross attempt from sophomore forward Brooke Sroka and the ball ended up at the feet of McLaughlin just inside of the 18-yard box.

Sophomore goalkeeper Olivia Jenkins in goal, the Musketeers posted a zero in the score column of the Hokies, despite having 10 corner kick opportunities. Jenkins picked up her 13th shutout of the season in the win over Virginia Tech.

Despite strong individual performances by sophomore guard Carrie Gross and junior forward A’riana Gray, the women’s basketball team was unable to pull out a win in either of its two latest non-conference games — losing 78-65 to Temple and 64-57 to Rider.

Sophomore Carrie Gross matches career-best 12 points against the Owls

Sophomore Carrie Gross matched career-best 12 points against the Owls.

BY JOE CLARK
Staff Writer

Xavier got off to another slow start against Rider, trailing 9-0 early in the first quarter before going on a 15-5 run to end the quarter.

Xavier jumped out to a 52-48 lead to start the fourth quarter, but Temple respond

Women’s hoops falls to Temple, Rider on the road
Sophomore Carrie Gross matches career-best 12 points against the Owls

Sophomore Carrie Gross matched a career-best with 12 points against Temple while also grabbing seven rebounds, and she parlayed that performance to score 11 points against Rider. The Musketeers conclude their three-game road trip Wednesday night against Ball State.

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Xavier looks to get back on track when it ends its schedule on the road against Rider before returning home to play Wright State on Saturday.
Opinion: Cain incident will linger in sport culture

By ELLEN SIEFKE
Staff Writer

An already messy situation surrounding Nike and now-suspended running coach Alberto Salazar became even messier when Mary Cain, a former athlete of his, made public allegations of physical and emotional abuse against him and his staff.

On Nov. 7, the New York Times published a video in which Cain described a culture of abuse and weight obsession that she endured while working with Salazar and the now-defunct Nike Oregon Project after joining as a 16-year-old phenom.

“I joined Nike because I wanted to be the best female athlete ever,” Cain says. “Instead, I was emotionally and physically abused by a system designed by (Salazar) and endorsed by Nike.”

Cain alleges that Salazar and his coaches fostered a system in which female athletes’ bodies were demeaned and belittled. For her part, she says, Salazar dealt with an “ideal performance weight” of 114 pounds and then relentlessly pushed her to stay there, even firing her front office teammates if she didn’t make weight. For example, after a poor performance in 2015, Salazar fired her “clearly gained five pounds.”

The pressure to maintain weight, combined with the abuse from the entire coaching staff, led to self-harm, suicidal thoughts, disordered eating, missing her period for three years and five broken bones, she said.

Salazar has denied most of Cain’s claims, stating that he did not pressure her to maintain weight and that her parents were heavily involved with her training.

“Too be clear, I never encouraged her, or worse yet, shamed her, to maintain an unhealthy weight,” Salazar said to The Oregonian. “Mary at times struggled to find and maintain her ideal performance and training weight.”

However, Cain’s allegations were corroborated by other Nike teammates like Cam Levins, who tweeted that coaches were “obsessed with (her) weight, emphasizing it as if it were the single thing standing in the way of a great performance.”

Olympic 10,000 runner Amy Yoder Begley said that Salazar told her she “had the biggest butt on the starting line” and often belittled her in front of teammates.

Olympian Kara Goucher, known for being outspoken against Salazar and Nike, said that after finishing the 2011 Boston Marathon — a race in which she ran a personal best time six months after giving birth — Salazar told her husband and family she was still too heavy to run fast.

Even Steve Magnness, an assistant coach from 2011-2012, said Salazar’s fixation on athletes’ weight contributed to their departure. The allegations come amid upheaval within Nike. Salazar already faces a four-year ban for doping violations, his Nike Oregon Project was officially dissolved last month and Nike CEO Mark Parker will step down in January.

So where does Cain’s video leave us? Salazar has been banned and his team dismissed. What more can we do with this situation?

While it is a point of departure. These changes largely surround doping and fail to address the issue here: the treatment of athletes, especially female athletes, in the running world. What makes this issue difficult is that, no matter how you spin it, weight does matter. Up to a certain limit, the lighter you are, the less weight you carry and the faster you can run.

The problem is that weight is often used as a facade. You could be at your “ideal performance weight” and still perform poorly. Sleep and recovery nutrition, strength and mobility, confidence and much, much more all play a role. That number on the scale gives only a small indication of how an athlete is doing.

But with the pressure to compete comes the temptation to fall into this trap. When your livelihood depends on how you race, weight can be an easy factor to use to control performance. Since other training changes like nutrition and strength take time, hooling to weight can help manage the pressure to win now. With this in mind, it’s not hard to imagine why eating disorders or body image issues run rampant, pardon the pun, within the running community. As a lifelong runner, I have known several teammates who dealt with these issues and I myself have faced similar struggles.

To be sure, body image is an issue across the board, but I can only speak as a female athlete. The issues Cain raises are important ones to discuss if we want to advance further as an athletic community in nurturing and developing athletes who are strong and well-rounded, physically and mentally.

Athletics are a wonderfully complex endeavor, and I can attest to both the joy and the heartbreak they bring. Nevertheless, we focus on these complexities, stories like those of Mary Cain will not disappear.

I can only hope that the running community — and the realm of sports — can learn from her account and start having these conversations, seeking to foster their athletes in body and mind.

Astros accused of sign-stealing tactics

By ANDREW ZERMAN
Staff Writer

Steroids. Gambling. Pine tar bats. The sport of baseball is no stranger to inappropriate acts and cheating.

A new scandal is coming to light and it is concerned with the 2017 World Series Champions, the Houston Astros.

The Astros have been accused of sign-stealing during the 2017 postseason and if they are convicted, it can leave an asterisk on their legacy and lead to dire consequences.

Typically, the catcher flash cards numbered signs that correlate to a certain pitch which the pitcher either accepts or shakes off. Since the catcher faces the field, no player on the opposing team can see this except for the baserunners.

Sign-stealing is when technology is used to spy on the opposing team during the opposing team knowledge of the next pitch.

With the people in the dugout find out these future pitches, they can relay them to the batter with a noise, such as banana peels or trash cans.

“It is a huge advantage for a hitter to know which pitch is coming so they can make adjustments (the pitch) tough to hit is that it appears to be a different pitch than it actually is,” Xavier baseball head coach Billy O’Connor said. “So, if you take that aspect of deception away, it becomes significantly easier to make solid contact.”

This sign stealing is not new to the league, as the Red Sox did this in 2017 with Apple Watches.

This resulted in fines, but it is important to note that more attention is being given to the Astros because of their recent dominance and the fact that they won the championship that year.

The Athletic interviewed four former Astros players, and current Athletics pitcher Mike Fiers came clean about it.

“They were not playing the game the right way. They were willing to go above and win,” he said.

Current Red Sox manager Alex Cora and incoming Mets manager Carlos Beltran, who used to play for the Astros, are also among those who are being interviewed.

In addition to the testimonial evidence, the MLB also has paper evidence to suggest cheating. ESPN received news of an email dated back to 2017, that was sent from an Astros official who asked scouts to spy on the opponent’s dugout and to suggest the use of camcorders to anticipate pitches. If caught, many potential consequences can ensue.

“I am assuming that fines will be levied if the Astros are found (to be guilty),” O’Connor said. “I think the biggest way they can prevent this from happening in the future is to levy serious penalties against the Astros if they are found to be cheating. I think that would make teams think twice about doing in the future.”

There is also the possibility of forfeited draft picks, which will hurt the organization in the long run.

While the Astros committed the sign-stealing or not, cooperating with the investigation and thinking in the best interest of the fans will be paramount.
Rapper Kodak Black was sentenced to 46 months of jail time after pleading guilty to federal weapons charges.

On Oct. 31, Earl Sweatshirt released his fourth studio album, FEET OF CLAY. The album is unmistakably Sweatshirt’s, with interesting and jarring beats underneath the gritty New York rapping style that the former Odd Future member is known for. Thematically, FEET OF CLAY builds off 2018’s Some Rap Songs, as both projects center on Sweatshirt’s depression and grief. As with Some Rap Songs, the death of Sweatshirt’s father, South African poet laureate Keorapetswe Kgotsisile, is the primary source of Sweatshirt’s pain. Fitting with Sweatshirt’s love of brevity, the project is a quick five minutes shorter than Some Rap Songs, which was in turn five minutes shorter than Sweatshirt’s 2015 release. The album’s final track, “Stylistically, Sweatshirt doesn’t make any huge leaps. While the lack of a style change may be boring to some, a change in style would have been more disappointing given that Sweatshirt has one of the most unique voices in the industry. Overall, it seems as if Sweatshirt does not want you to be comfortable while listening. The album is both impossible to dance to and impossible to relax to. But that might be the point.

Earl Sweatshirt’s newly released album, FEET OF CLAY, builds off of the themes in his previous album, Some Rap Songs. Some listeners feel conflicted between the album’s “smooth-sounding production,” the dissonance between the vocals and the beat and the lack of stylistic innovation.

Production

As is common with Sweatshirt, most of the album’s songs feature bass heavy beats that contribute to the lo-fi, dark feeling of the album. However, because of a disconnect between lyrics and beat, the production doesn’t match the intentional dissonance. Additionally, some tracks seem to feature reversed beats. This technique is similar to one employed by Top Dawg Entertainment (TDE), the record label featuring Kendrick Lamar and ScHoolboy Q. TDE has experimented heavily with both beat and track list reversals, such as in Lamar’s 2017 release, DAMN.

Highlights

One of the most notable tracks on the album is “EL TORO COMBO MEAL,” featuring Mavi. A piano heavy beat sets the song apart from the rest of the dark sounding album. Despite this, the song still sounds a little off as the raspy flow does not adhere to the otherwise smooth-sounding production. There is something a little unsettling about hearing a discordant voice over a beautiful beat. Granted, this may be Sweatshirt’s intent.

The album’s final track, “4N,” featuring Mach-Hommy, also stands out for both its repetitive beat and monotone repetition of the phrase: “Send me an invoice.” Once the monotony is broken by Mach-Hommy’s first verse, the track sounds muddled. The best way to describe the sound is to imagine someone rapping through a thick plastic glass screen in a box office. It’s not enjoyable, but it’s also impossible to stop listening.

Style

Stylistically, Sweatshirt doesn’t make any huge leaps. While the lack of a style change may be boring to some, a change in style would have been more disappointing given that Sweatshirt has one of the most unique voices in the industry. Overall, it seems as if Sweatshirt does not want you to be comfortable while listening. The album is both impossible to dance to and impossible to relax to. But that might be the point.

Sweatshirt’s intent in this project was most likely to force the audience to experience the album nothing more than a slightly worse version of Some Rap Songs.
Harry Styles dazzles SNL’s audience, debuts song

By Jack Dunn
Campus News Editor

Disney+ has finally arrived, opening up Disney’s impressive vault of classic movies and television shows made throughout its history. This review is going to be broken down into two parts. Instead of trying to evaluate the application itself and say if I enjoyed its newer offerings, I want to talk about both in two different reviews. For this first review, I’ll look at how the app works as well as the available offerings in its vast library.

For this review, I used Disney+ on both my iPad and Play station 4. The app itself is easy enough to use. It’s very similar to how Netflix organizes its content, but the way Disney+ organizes itself into categories plays well with what they have to offer. The most recognizable icons are placed at the top of the screen, and a simple tap will show you everything offered in that category.

Chances are that someone is going to check out Disney+ because they want to watch Disney, Pixar, Marvel, Star Wars or National Geographic. In addition, some of the other subcategories such as “Out of the Vault,” “Inspired by True Stories” and “Disney Channel favorites” also make it much easier to find something but avoids organizing it into categories like “comedies” or “drama.”

Disney+ is the only app I feel confident that when I hit the download button for a show or movie, it will actually download. You can even leave the app and the content will still download. I can’t tell you how many times I tried to download something on Netflix, it doesn’t and then I don’t have anything to watch while I travel. Disney+ also allows you to download anything that is on the service, whereas Netflix limits what can be downloaded due to licensing deals.

The one thing that I wish Disney+ had was a “continue watching” row. Every time you leave and come back, you have to search for what you were watching again. It also won’t tell you what episode you were on, so you have to remember that as well. I do feel that this is something that can be fixed in a future update, but in the meantime, it is a little annoying.

Now on to what’s available to watch on Disney+. I guess the real question is what isn’t available to watch on Disney+. To be honest, there isn’t much you can’t watch; they have something for almost everyone. They have almost all the Star Wars movies and Marvel movies. They’ve got every Disney classic hit and even a couple of misses. They have all of my favorite Pixar movies. Nearly all of your classic Disney channel movies and television shows are available. It really goes to show what kind of success Disney has had over the years without even counting the material they are still licensing out to other streaming services.

Some of my personal favorites that I found on Disney+ are: Star Wars: The Clone Wars, The Sandlot, devilish of the Year and Phineas and Ferb, among others. I think what was most impressive about the collection was finding one of my dad’s favorite movies from growing up: Darby O’Gill and the Little People, which stars Sean Connery before he was James Bond.

The real question that remains is if Disney+ will include more adult humor content. A large part of their marketing campaign focused around the fact that they had all 30 seasons of The Simpsons. However, outside of that, there aren’t really any more movies or television shows that are exclusively meant for adults. I know Disney has said that it will try to keep the majority of that content on Hulu (which Disney owns), but I’d love to see if Disney+ will keep any more shows like Family Guy or some of the X-Men movies (even the R rated ones like Logan or Deadpool).

Total score:

Harry Styles' reference to himself as a serious musician. Of course, the reference was a joke — it is SNL, after all. However, the reference was funny because anyone who has heard Styles’ music since the commencement of his solo career knows he is, in fact, a distinguished artist. Styles has reinvented his brand from his creative process in the making of his sophomore album Fine Line. In an interview with Rolling Stone, Styles admitted to excessive use of psychedelics while making the upcoming album. I’m happy if I said I thought “Watermelon Sugar” was excluded from the list of songs Harry wrote while extremely high. I have absolutely no evidence to back that up, but just listen to it — you’ll see what I mean.

Although he dropped a new song, my favorite part of Styles’ appearance on SNL was, by far, his monologue introduction. From the self-depicting jokes to the One Direction tease and obvious laughs to the One Direction reference, Styles had a great monologue.

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Total score:
allow you to “make your own” horoscope, as it were. Have normal, so we’ve chosen to omit some unnecssary details to when most of the page was DIY and the horoscopes were predictions to provide this week. But it looked kind of weird to take vacations, so they actually had some pretty robust 

Now, unlike lazy newspaper editors, the stars don’t give them the “wacky” back page article they created.

You can have your friend give you words, then you can read to own words as you go, or if you’re not a complete loner you

Anyway. You can either read along and put in your own words if you do not pet at any point, or you may never walk again.

Taurus: On Friday your disciple is set to betray you and will deny you three times. And before you ask, yes, this is how Jesus found out.

Gemini: Spend the rest of the week face down in a pile of [owe]. Yeesh, this one’s bad no matter what you put.

Cancer: Try out a new style this week. Nothing goes better together than _____ and ports.

Leo: The stars warn that you’ll ___ if you do not pet at least three dogs this week.

Virgo: Your mother will get in an accident this week, but luckily Mercury knows when! Make sure to call her at ____ on _____ or she may never walk again.

Libra: Here’s a hot take: __________________________. Father Graham.

Scorpio: Wallace and Gromit fascists regime

Sagittarius: The position of Jupiter says you need to reevaluate your priorities. I mean, clearly you care more about than reading the Back Page, so that’s gotta change.

Capricorn: __________________________ and then throw her off the train. It’s a surprisingly simple way to achieve happiness.


Pisces: Oh, this gonna be a rough week! First, ________ and just when you think it can’t get any worse, pudding pop patriarhal society

Aries: The stars have found the love of your life! Their name is ________, they live in ________, and yes, they spend as much time as you do browsing the weird section of Youtube.

Fatigu: A roommate who wakes up at ________ afer sleeping through the ________ alarms that woke you up.

Sensibleh: When your ____________ feels like it has ___-ing for far too long.

Aromusk: A smell (much like ____________) that gets stuck inside the fibers of a(n) ________ and never leaves, despite multiple washings.