Arrupe Leaders cross the finish line

Senior Becky Hagedorn hopes to outrun the stigma around mental health

BY DEVON BAIRD
Staff Writer

Xavier and the Cincinnati community came together on Saturday in front of Cintas Center to tip their weekend off with a running start by fighting stigma around mental health.

Senior Becky Hagedorn, an Arrupe Leader, has spent this last year working with the university and various mental health organizations to put together Xavier’s first ever End the Stigma 5K. The goal of the 5K was to not only get students up and running, but also to start conversations about mental health on campus and provide more resources for students.

“(I wanted to) get the word out about how easy it can be to talk about your mental health when you have that open ear and open mind,” Hagedorn said. “Yes, there is a stigma around mental illness, but there doesn’t have to be.”

According to the American Psychological Association, one out of every three first-year college students suffers from some sort of mental illness, yet only 15 to 20 percent will actually seek out help. The World Health Organization reports that one out of four people in the world will be impacted by a mental or neurological disorder at some point in their lives.

Stigmas, such as fearing judgement from their community, can keep students from using services.

Xavier offers free mental health services for students at McGrath Health and Wellness Center, Sycamore House and online.

Because some students may be unaware of all the services available or may be too intimidated to use them, Hagedorn encourages the student body to step up for their friends and peers to provide a support network. This support network starts with listening.

“(It’s) a way for students to feel alone when coping with mental illness. ‘It’s important to know that you are not alone. There are many people here on campus, who you probably know, that are having problems with their mental health,” Hagedorn said, emphasizing the importance of students feeling comfortable sharing their experiences.

While she believes it was a success, Hagedorn hopes the race can have a larger impact than one Saturday morning.

“I hope they take these things (we discussed) and spread them to their friends and family and carry on the conversation.”

More than 100 people showed up outside of Cintas Center on Saturday to race and discuss mental health awareness. The event was senior Becky Hagedorn’s Arrupe Leader project.

Senior Jacqueline Fox

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Continuing from last week, BDA reflects on how their first semester in office has gone.

World News, Page 3
This year has been weird. Check out the year in review to see exactly how weird.

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Next stop, graduation. But the question stays the same: When will you get off the bus?

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We have a brand new staff for the upcoming year. Take the chance to learn who we are.
(Marshall) knows what games they're still doing a lot of after the renovations and some storage stuff and Identity), the committee… So they're working on late night breakfast money — $3,000 to be excepted. SGA, we spend little challenging. But it's not every day can kind of be a little challenging. But it's not discouraging. SGA, we spend money to be exact — on late night breakfast for finals week. But nobody knows that because ConneX puts out marketing materials without SGA’s logo on it. So it makes it seem like it’s just the Caf’ offering free food, but in reality, SGA pays for it. But also, we don’t necessarily say ‘SGA put some sort of cafe breakfast’ because we’re not. So it’s a really hard thing to balance. Not hushing ConneX, we love ConneX. We love ConneX because it’s a certain things that students don’t feel because they don’t know it’s SGA that does that. That’s been a big challenge for me. D. Another thing that I wanna give my kudos to the student body is their sense of growing awareness, especially with issues that happen with Xavier and our relations, especially dealing with Carabell’s, that dilemma we’re going through right now. I’m really just beyond excited that students are not only aware, but demanding action in terms of business practices and where Xavier is aligned with outside entities that may have a past with discriminatory practices towards certain minorities. I think that’s amazing immediate answers now and not being timid or shy, or afraid or mild, in terms of demanding real answers, real actions and wanting the university to be accountable. That’s, like, really empowering to me, and it really speaks to what we do in order for us to step up and allow the whole student body what we fight for too. K. What is the biggest issue facing the university right now? B. One specific thing that I think is an issue right now, so like with the transition of Taj Smith leaving, I think BART kind of dwindled down… BART was really kind of working on stuff, they weren’t perfect, but they were working on creating spaces where students can engage on what’s happening, what had occurred and why. So I think something that we’ve been kind of brainstorming has been what different programming and training can we do that can kind of shift how we interact with each other as students. Because it doesn’t have to always be this formal thing. D. Another thing that I wanna give my kudos to the student body is their sense of growing awareness, especially with issues that happen with Xavier and our relations, especially dealing with Carabell’s, that dilemma we’re going through right now. I’m really just beyond excited that students are not only aware, but demanding action in terms of business practices and where Xavier is aligned with outside entities that may have a past with discriminatory practices towards certain minorities. I think that’s amazing immediate answers now and not being timid or shy, or afraid or mild, in terms of demanding real answers, real actions and wanting the university to be accountable. That’s, like, really empowering to me, and it really speaks to what we do in order for us to step up and allow the whole student body what we fight for too. K. What is the biggest issue facing the university right now? B. One specific thing that I think is an issue right now, so like with the transition of Taj Smith leaving, I think BART kind of dwindled down… BART was really kind of working on stuff, they weren’t perfect, but they were working on creating spaces where students can engage on what’s happening, what had occurred and why. So I think something that we’ve been kind of brainstorming has been what different programming and training can we do that can kind of shift how we interact with each other as students. Because it doesn’t have to always be this formal thing. D. Another thing that I wanna give my kudos to the student body is their sense of growing awareness, especially with issues that happen with Xavier and our relations, especially dealing with Carabell’s, that dilemma we’re going through right now. I’m really just beyond excited that students are not only aware, but demanding action in terms of business practices and where Xavier is aligned with outside entities that may have a past with discriminatory practices towards certain minorities. I think that’s amazing immediate answers now and not being timid or shy, or afraid or mild, in terms of demanding real answers, real actions and wanting the university to be accountable. That’s, like, really empowering to me, and it really speaks to what we do in order for us to step up and allow the whole student body what we fight for too.
A combination of “Police Notes” and “Week in Review” from the last year

### KEY:
- **WIR:** WEEK IN REVIEW
- **PN:** POLICE NOTE

#### WIR: July 31 — The Wall Street Journal reported that parents are beginning to pay between $10 and $20 per hour for Fortnite lessons for their children. Parents cite pressure from peers at school as the primary reason for purchasing lessons to help their kids level up.

#### PN: Aug. 16, 9:45 a.m. — A student was caught laying on tables and acting unusually in Gallagher Student Center. The person was warned about trespassing and asked to leave campus.

#### PN: Aug. 21, 11:52 p.m. — Xavier Police stopped two students from moving construction barricades on Cleary Avenue. The students were referred to code of conduct for underage drinking.

#### WIR: Aug. 21 — President Donald Trump’s fingers have earned him criticism once again this time, it’s not for Tweeting but for coloring. Photos of his recent visit with children in Columbus appear to indicate that he incorrectly colored one of the stripes on the American flag blue. Some of the more humorous critics couldn’t help but note the resemblance to the Russian flag, whose three stripes are white, blue and red.

#### WIR: Sept. 3 — A cheeky burglar was determined to make use of all materials to craft a battering ram to rob a clothing store in West Mercia, England, including a giraffe sculpture named Dotty. The sculpture was part of a walking trail fundraiser for a hospice organization.

#### PN: Oct. 15, 5:28 p.m. — Xavier Police investigated reports of an intoxicated student found sleeping in a restroom stall in Hinkle Hall. The student was cited for disorderly conduct and sent back to their dorm.

#### WIR: Oct. 18 — A California high schooler recently shared a special batch of homemade cookies with her classmates. The secret ingredient? A grandparent’s cremated ashes. One classmate remarked that he did not believe the student until she pulled out the urn and said there was a special ingredient in the treats. No one ate the cookies has reported ill effects.

#### PN: Nov. 13, 7:19 a.m. — An employee reported a minor auto accident in the Physical Plant Lot. Investigation revealed that a dump truck was backed into a golf cart.

#### WIR: Jan. 11 — Costco has announced that it now offers its customers a 27-pound bucket of macaroni and cheese. The bucket costs $89.99, has 180 servings and has a shelf life of 20 years.

#### WIR: Feb. 5 — A proposed law in Hawaii would raise the minimum age to buy cigarettes to 100 by the year 2024, effectively banning them across the state. “You are taking children out from a horrific addiction and freeing people from horrific enslavement,” Richard Crea- gan, the bill’s creator, said.

#### PN: Feb. 10, 2:06 p.m. — Xavier Police investigated a report of a vehicle driven on the residential mall and through the grass on the Xavier Yard. The driver, who works for DoorDash food delivery service, was cited for reckless operation and driving with a suspended license.

#### PN: Feb. 15, 12:22 a.m. — A student consuming a hamburger that was possibly laced with illegal drugs. The student consumed the tainted hamburger was checked into the Cincinnati Fire Department and transported to Good Samaritan Hospital for further treatment.

### Pictures in review

#### The two best pictures from this school year’s “Week in Review”

- A German man called police to report that he was being pursued by a baby squirrel. Karlshruhe police responded to the scene and initiated their pursuit of the animal, which fell asleep after being caught. The police declared it a critter its new mascot and named it Karl-Friedrich (Aug. 12).

- In Salinas, Calif., a man is trying to track down a man who spent three hours licking a doorknob in the middle of the night. The suspect was caught on surveillance. “I thought I'd seen it all, but this takes the cake,” neighbor Francisco Javier Estrada said (Jan. 8).

#### Xavier Police is in the process of cleaning out its lost and found property locker. If you would like to check for any lost or missing items, please stop by Flynn Hall on business days between 8 a.m. and 4 p.m. by Friday, May 10.

If you see something, say something.
The upcoming bus stops: Where will you get off?

For the entirety of my life, I knew I would be attending Xavier. My fourth grade parents had been professors here since 1959 until my tenured mother was illegally fired nearly 20 years ago. And yet I have always been someone who doesn’t like the idea of paper valued at a whopping $12,000.00. I’ve never been able to tear up a scrap of the stuff. It’s the most reassuring parts of life. I hated when I had to go to a perforated line. I hated when I had to clip the clock tick or leave your joy the ride. It’s OK to listen to the clock tick or leave your watch at home. Anywhere you go is temporary. And while you may be waiting on life, life will never wait for you. So, what will you pack?

Hannah Paige Michels is a graduating senior. During her time with the Newswire she has served as the Campus News Editor, the Photography Editor, a copy editor and a staff writer.

For Your Information

The Xavier Newswire is published weekly throughout the school year, except during vacations and holidays. The Newswire provides opportunities for publishing opposing views and opinions, the Newswire hopes to foster dialogue on campus, among students, faculty and staff.

Advertising

All inquiries should be directed to the Business & Advertising Manager, Jessica Blocker, at 513-745-3561.
So, uh. Graduation is a thing that's happening soon. I'm 22 years old right now, and the year before that, I tried not to think too deeply about them at first read. I tried not to think too deeply about the thing that's happening soon.

As thoughts turn towards the turnus of life in the real world, memories of a cramped room in Kuhlmann Hall and the first chill of an idyllic autumn can't help but plate: Platonic Republic, the first text many of us encountered on arrival to campus, serves as the proponent for much of what we do here — and in this moment realises as comforting clarity in the tempest of an uncertain future.

The dialogue, and much of the edifying philosophy, is for that matter, emanates from its now canonized first line: “I went down to the Piraeus yesterday.” Offered by the text’s protagonist (or antagonist, as he’sc’erly prefer), Socrat — the protagonist — the protagonist, that’s happening soon. Thus, after that, there’s a chance to descend down to the underworld in Homer’s Odyssey. But I prefer to think about the journey a little bit further. Should you indulge, you’ll be indulged, already known only in faint silhouettes.

Now, faced with the possibility of an illuminated life, Homer has crafted the best description of a freed prisoner to stay forever out in the sun. And then, something odd happened: the prisoner odd, for one reason or another, is compelled to rejoin his companions in the cave.

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Xavier baseball improves to 9-2 in Big East play

BY JOE CLARK  
Staff Writer

Xavier baseball traveled to Omaha, Neb., last weekend to take on Creighton in Big East Conference action before heading home for a Tuesday night game against Miami (OH).

Xavier took two of three games against the Blue Jays to improve to 9-2 in Big East play. Against the RedHawks on Tuesday, the Musketeers fell 7-4.

In game one of the series on Friday night, Xavier jumped to a quick 3-1 lead through three innings. In the top of the second, junior catcher Natalee Monas- tru singled home freshman infielder Jack Housinger to give the Musketeers a 1-0 lead. Creighton responded in the bottom half of the inning to score their only run, which came off a solo homer by Jordan Hovey.

That was the only blip in an otherwise impressive day for senior right-hander Damien Richard, who went 5.2 innings giving up one run while striking out four.

In the top of the third, Xavier retook the lead on an RBI single by senior first baseman Matt Warkentin to go up 2-1. The Musketeers picked up another run in the third on senior infielder Chris Givin’s double to give themselves a two-run lead.

The score remained 3-1 until the top of the eighth, when sophomore outfielder Alhery Major hit an inside-the-park home run that also scored graduate infielder Jake Shepski to put Xavier up 5-1.

Talley took on three more insurance runs in the top of the ninth, with a Shepski RBI double, Warkentin RBI single and Givin RBI triple all scoring runs for Xavier. A scoreless ninth by senior reliever Matt Kent secured the 8-1 win. After Saturday night’s game was rained out, the Musketeers returned to action Sunday afternoon for a day-night doubleheader.

Unlike Friday night, Xavier couldn’t get much going with the bats and took a 5-0 loss in game of the doubleheader. Creighton starter Denson Hull threw a sev- en-inning complete game, striking out five while allowing just three hits to silence the Xavier bats.

In the rubber match of the series on Sunday night, Xavi- er got a fantastic outing from junior Connor Grammes to pick up a 3-1 win. He secured the win on the hill for Xavier, tossig seven innings while striking out six.

Creighton scored its lone run in the bottom of the first off a Jake Holton RBI to grab a quick 1-0 lead, but Xavier responded in the top of the fifth when Warkentin singled home freshman infielder Kody Darcy. Shepski picked up a 2-1 lead and later added an in- surance run when he singled home Darcy in the eighth to give the Musketeers a two-run cushion. For his quality performances last weekend, Shepski was named to the Big East Weekly Honor Roll.

Senior relief pitcher Lane Flamm got the six-out save for his fifth save of the year. Xavier gained a 2-1 lead early against Miami on Tues- day afternoon, but Miami scored three runs in the bottom half of the inning to take the game. Despite the loss, the Musketeers lost the lead in the fifth. Monas- tru homered, but Xavier ultimately fell short by three runs.

Wood captures Big East individual championship

BY DONNIE MENKE
Staff Writer

Sophomore Garrett Wood captured individual golf individual Big East championship this past weekend, following in the footsteps of Maiya- la Fitzpatrick, who won the women’s individual championship the weekend before.

Wood and Fitzpatrick are the first duo to secure championships in five years, when St. John’s won both.

Wood shot a 73 in the opening round, three over par, but rebounded with an even 72 in the second round to move into a tie for fifth place heading into the final day.

He shot better than par on the final to claim the champi- onship. Wood is the 12th indi- vidual conference winner in Xavier history.

Sophomore Imaad Qureshi finished 21st overall, but led Xavier with 10 total birdies. The score allowed him to tie for third place at the Big East Tournament. Sophomore Martin Jaramillo also finished in the top 25, placing 24th, while freshman Nick Frey tied for 36th.

As a whole, the team shot 316 (+28) on the first day, which had them in eighth place going into the second day. They sat 18 strokes behind the leaders, Creighton, as the Blue Jays shot 298 (+10) on the first day.

Xavier rebounded to shoot the second best score on the second day, shooting just 293 (+5) to put them at 609 (+35) heading into the final day. They trailed leaders Marc-  
quette (+13) by 18 strokes.

That was as close as Xavi- er would get. However, The Musketeers shot a 303 (+15) in the final round of the tournament to finish with a score of 1021 (+28), which got them seventh place overall. Mar- quette captured the team title with an 872 (+8).

Wood will participate in one of the six NCAA Re- gionals as a result of his title, which take place from May 13-15. The possible sites at which Wood could participa- te are: Louisville, Ky., Pull- man, Wash., Stanford, Calif., Athens, Ga., Myrtle Beach, S.C. and Austin, Texas. His placement will be revealed on Wednesday.

Xavier track and field closed out its regular sea- son on a high note and looks ahead to the Big East Championships.

The men’s and women’s teams competed in four meets throughout the last two weekends: the Bryan Clay In- vitational, Pacemaker Invita- tional, the Lenny Lyles-Clark Wood Invitational. During the three meets in California, the men’s side set school records. One standout performance came from sophomore Will- iam Roberts, who broke his original individual school record in the 400-meter hurdles, posting a time of 53.94 at the Bryan Clay Invitational.

While on the women’s side sophomore Anna Kostarellis became the first dual individual conference winner in Xavier history. She took home a first-place finish in the 3,000-meter steeplechase with a time of 10:35.54. The result marked Kostarellis’ personal-best time in the event.

“We had a good weekend at Louisville. It was exact- ly what I was looking for two weeks before Big East,” head coach Ryan Orner told Xavier athletics. “We executed race plans well, we executed race plans well and hung in there against some good competition. Jen- nifer Prial’s win in the steeplechase was definitely the highlight of the meet but everyone on the team who competed had a good meet.”

Xavier will return at the Big East Outdoor Track and Field Championships on May 10-11 in New York City.
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“We’re in the endgame now” - Doctor Siefke