Xavier University Newswire

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Senior Becky Hagedorn hopes to outrun the stigma around mental health

BY DEVON BAIRD
Staff Writer

Xavier and the Cincinnati community came together on Saturday in front of Cintas Center to tip their weekend off with a running start by fighting stigma around mental health. Senior Becky Hagedorn, an Arrupe Leader, has spent this last year working with the university and various mental health organizations to put together Xavier's first ever End the Stigma 5K. The goal of the 5K was to not only get students up and running, but also to start conversations about mental health on campus and provide more resources for students. “I wanted to get the word out about how easy it can be to talk about your mental health when you have that open ear and open mind,” Hagedorn said. “Yes, there is a stigma around mental illness, but there doesn’t have to be.”

According to the American Psychological Association, one out of every three first-year college students suffers from some sort of mental illness, yet only 15 to 20 percent will actually seek out help. The World Health Organization reports that one out of four people in the world will be impacted by a mental or neurological disorder at some point in their lives. Stigmas, such as fearing judgement from their community, can keep students from using services. Xavier offers free mental health services for students at McGrath Health and Wellness Center, Sycamore House and online.

Because some students may be unaware of all the services available or may be too intimidated to use them, Hagedorn encourages the student body to step up for their friends and peers to provide a support network. This support network starts with listening. Senior Jacqueline Fox, a member of Xavier’s Neurodiversity Network, also had a table with information for those who were interested.

More than 100 people showed up outside of Cintas Center on Saturday to race and discuss mental health awareness. The event was senior Becky Hagedorn’s Arrupe Leader project. More than 100 people showed up outside of Cintas Center on Saturday to race and discuss mental health awareness. The event was senior Becky Hagedorn’s Arrupe Leader project.

“(It’s) a way for students and family and carry on the legacy project that represents our passions as undergraduates. That’s why they’re interested. Once the race began some ran, others walked, and participants cheered each other on clad in ‘End the Stigma’ t-shirts. Hagedorn shared that everyone seemed to have fun by the end of the race, no matter what their time was. “It was awesome to see all the Xavier students, employees and alumni come out today,” Hagedorn said, referring to the more than 100 people who showed up. She hopes they were able to take a message of courage when it comes to discussing mental health with others. She added that she’d love to see this event continue in the future.

The race, which was Hagedorn’s Arrupe Leader project, was the first of its kind. Rising seniors who have been active in the Xavier community over the years are nominated by the graduating class of Arrupe Leaders, then given the opportunity to carry out a legacy project that represents their passions as undergraduates. “It’s a way for students to look back on their time at Xavier.” Hagedorn added, reflecting on her roles in the community over the years, and leave their own mark on the Xavier community.

Other projects have included Sex Week, Queer Faith XU and more. With finals approaching and students racing to finish the year, Hagedorn believes now is the time to remind the Xavier community to take care of themselves—both physically and mentally.

Although the data says otherwise, Hagedorn acknowledges that it’s easy for students to feel alone when coping with mental illness. “It’s important to know that you are not alone. There are many people here on campus, who you probably know, that are having problems with their mental health,” Hagedorn said, emphasizing the importance of students feeling comfortable sharing their experiences.

While she believes it was a success, Hagedorn hopes the race can have a larger impact than one Saturday morning. “I hope they take these things (we discussed) and spread them to their friends and family and carry on the conversation.”

In this issue...

Continuing from last week, BDA reflects on how their first semester in office has gone.

World News, Page 3
This year has been weird. Check out the year in review to see exactly how weird.

Op-Eds, Page 4
Next stop, graduation. But the question stays the same: When will you get off the bus?

Features, Page 8
We have a brand new staff for the upcoming year. Take the chance to learn who we are.
Reviewing the semester with BDA

A continuation of last week’s front page article voicing the thoughts of BDA

BY KEVIN THOMAS
Editor-in-Chief

BDA continues to share their achievements, issues and future plans as their time as Student Government Executives is half complete.

Due to the length of the interview conducted with BDA, the entire transcription will appear on the Newswire website.

Kevin: Moving onto the major projects that are going on, like the UCR, the Lagherr Basement, the new dorm, can y'all give an update on that?

Blair McKee, President: Update on the HUB, the last thing I heard, they might open certain portions by November. It will be fully open in January, second semester. That’s what I’ve heard so far. But they just had a lot of issues because of the weather, so a lot of delays with rain and different things like that… the HUB should be coming around then.

Alfredo Mercedes, Vice President: But they average something like a hundred workers a day.

with, we’ll be able to proceed with design and building, but that shouldn’t be up until fall 2021… They also have a lot of plans in place of leveraging near-campus housing, meaning U-Station, which is expanding. They’re going to have a lot of that to help offset having to move first-year students off campus.

K: Now moving into your projects. Y’all got the (free) laundry done.

B: All right, yeah, so…

B: …Clothes bank, moving slowly but surely.

Desmond Varner, Vice President: The biggest thing about the clothes bank is just storage and we’ve been trying to work in collaboration with the store and Angie Knell in order to not only store the items there but also make items available and leverage the fact that students that may have food insecurity might also have clothing issues as well, so kind of kill two birds with one stone. (The work is) maximizing and optimizing what the store would look like, so a lot of that has to do with planning with Angie Knell and some storage stuff and all the process and dyes and clothes, saving textile waste and all the process and dyes and all the work and dye and water and stuff that into a bigger advantage of the clothes that we all buy… Definitely the sustainability club has been a big order for us to gauge (the interest of the students… which will help push the envelope a little further because you know, it’s a bureaucracy)

K: What is the biggest issue facing the university right now?

B: One specific thing that I think is an issue right now, so like with the transition of Taj Smith leaving, I think BART kind of dwindled down… BART was really kind of working on stuff, they weren’t perfect, but they were working on creating spaces where students can engage on what’s happening, what had occurred and why. So I think something that we’ve kind of brainstorming has been what different programming and training can we do that can kind of shift how we interact with each other as students. Because it doesn’t have to always be this formal thing.

D: Another thing that I wanna give my kudos to the student body is their sense of growing awareness, essentially with issues that happen with Xavier and our relations, especially dealing with Carabel-lo Coffee, that dilemma we’re going through right now.

I’m really just beyond excited that students are not only aware, but demanding action in terms of business practices and where Xavier is aligned with outside entities that may have a past with discriminatory practices towards certain minorities. I think that’s demanding immediate answers now and not just being timid or shy, or afraid or mild, in terms of demanding real answers, real actions and wanting the university to be accountable. That’s, like, really empowering to me, and it really speaks to what we do in order for us to step up and show the whole student body what we fight for too.

K: Then, how do y'all plan on playing a role in addressing those issues?

B: We make them say what they’re doing and why. When we aren’t into things, we really engage in conversation with them and they really understand… So it’s like, they know how we feel about it… Like, I feel like sometimes with students, if y’er in front of Father Graham, you don’t wanna be like, “Xavier sucks!” You feel like you have to say everything you love, and that’s not how we are. And that’s not to say we only say negative things, because we do love Xavier, but we have to critique things we love.

K: What are you hoping to get accomplished next semester? What’s next semester going to look like?

B: The slavery symposium, we’re really looking forward to that.

A: That’s something bigger than Xavier, and hopefully something we can have a hand or a touch or give some aspect of student discussion there. You know, working with a possible student entrepreneur who started a company in Tai’s area, with that, SGA can possibly go across the world, something I don’t think even ever’s been done by Xavier SGA. So getting SGA’s name out there and empowering the students.

April 29 Student Government Association Meeting Recap

• SGA passed a resolution detailing Xavier at 5,000, a statement on how Xavier and SGA plan on maintaining student life as campus approaches 5,000 undergraduates.
• University Committees were released and are pending approval of university administration.
A combination of “Police Notes” and “Week in Review” from the last year

**NOTE OF THE YEAR**

**Honestly dude, you’re still an absolute legend**

Jan. 19, 5:40 a.m. — Xavier Police investigated a report of an intoxicated student partially clothed inside the Cintas Center. The intoxicated student asked Xavier Police that they had been celebrating their 21st birthday. The student was transported to their apartment at University Station and released to a roommate.

**Pictures in review**

**The two best pictures from this school year’s “Week in Review”**

**Xavier Police**

Xavier Police is in the process of cleaning out its lost and found property locker. If you would like to check for any lost or missing items, please stop by Flynn Hall on business days between 8 a.m. and 4 p.m. by Friday, May 10.

If you see something, say something.

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**KEY:**

**WIR:** WEEK IN REVIEW

**PN:** POLICE NOTE

**WIR:** July 31 — The Wall Street Journal reported that parents are beginning to pay between $10 and $20 per hour for Fortnite lessons for their children. Parents cite pressure from peers at school as the primary reason for purchasing sessions to help their kids level up.

**PN:** Aug. 16, 9:45 a.m. — A non-student was caught laying on tables and acting unusual in Gallagher Student Center. The person was warned about trespassing and asked to leave campus.

**PN:** Aug. 21, 11:52 p.m. — Xavier Police stopped two students from moving construction barricades on Cleney Avenue. The students were referred to code of conduct for underage drinking.

**PN:** Aug. 21 — President Donald Trump’s fingers have earned him criticism once again — only this time, it’s for Tweeting but for calling out — only this time, it’s for Tweeting but for calling out.

**PN:** Oct. 15, 5:28 p.m. — Xavier Police investigated reports of an intoxicated student found sleeping in a restroom stall in Hinkle Hall. The student was cited for disorderly conduct and sent back to their dorm.

**PN:** Oct. 18 — A California high schooler recently shared a special batch of homemade cookies with her classmates. The secret ingredient? A grandparent’s created ashes. One classmate remarked that he did not believe the student until she pulled out the urn and said there was a special ingredient in the treats. No one who ate the cookies has reported ill effects.

**PN:** Nov. 13, 11:09 a.m. — An abandoned vehicle was towed from the Innovation Center Lot at Dana Avenue and Woodburn Avenue.

**PN:** Nov. 19, 10:19 a.m. — An employee from Cintas Parking Services reported the theft of a golf cart from the back of Cintas Center.

**PN:** Nov. 29, 8:52 p.m. — Northwood Police recovered the missing golf cart on the 10900 block of Lexington Ave.

**PN:** Nov. 30, 7:19 a.m. — An employee reported a minor auto accident in the Physical Plant Lot. Investigation revealed that a dump truck was backed into a golf cart.

**PN:** Jan. 11 — Costco has announced that it now offers its customers a 27-pound bucket of macaroni and cheese. The bucket costs $89.99, has 180 servings and has a shelf life of 20 years.

**PN:** Feb. 5 — A proposed law in Hawaii would raise the minimum age to buy cigarettes to 100 by the year 2024, effectively banning them across the state. “You are taking in the. . .”

**PN:** Feb. 10, 2:06 p.m. — Xavier Police investigated a report of a vehicle driving on the residential mall and through the grass on the Xavier Yard. The driver, who works for DoorDash food delivery service, was cited for reckless operation and driving with a suspended license.

**PN:** Feb. 15, 12:22 a.m. — A student consumed a hamburger that was possibly laced with illegal drugs. The student, who consumed the tainted hamburger, was checked on by the Cincinnati Fire Department and transported to Good Samaritan Hospital for further treatment.

**PN:** Feb. 22 — Middle-town, Ohio, police led an escaped pig back home with Oreos cookies. It’s speculated that Charlotte the pot-bellied pig had gotten to the market in search of these sweet treats and happily cried “wee, wee, wee” all the way home.

**PN:** Feb. 23, 4:55 a.m. — Xavier Police, Residence Life and Cincinnati Fire responded to Brockman Hall for an underage intoxicated student sleeping in the elevator. The student was checked by medics and given the OK.

**PN:** March 8 — A woman’s bike race in Belgium was delayed because its leader caught up to the men’s peloton. The riders were given a 10-minute head start. The leading cyclist ended up finishing 7th after the delay.

**PN:** April 3, 4:51 p.m. — A student reported they were a victim of a carjacking incident on Snapchat.

**PN:** April 13, 4:41 p.m. — Xavier Police investigated an auto accident involving a tractor-trailer on Dana Avenue near East Xavier Way. The driver, who overdosed on heroin was revived with narcan and arrested by Cincinnati Police for operating a vehicle while under the influence (OVI).
The upcoming bus stops: Where will you get off?

For the entirety of my life, I knew I would be attending Xavier. Both of my parents had been professors here since 1999 until my tenured mother was illegally fired nearly a decade later — but that’s a story for another time. For my brothers and me, it was deeply ingrained that graduating without any debt was the best thing we could do for our futures, and that meant four years of our lives would be spent at Xavier. While my high school friends went on to explore the college world and cross their fingers for a big envelope from their top choice, I was less than excited to attend a school I didn’t really choose or even particularly like. It’s no secret to the people who know me that my college experience was wonderful memories, but I didn’t like chemistry. I liked
please want me to be instead of letting myself just be. And it literally took being yanked from school, the Nezâire, my therapy, and a lot of therapy — and everything that I loved before that finally started to sink in. This life of insecurity in which I constantly question what others think of me and whether I was doing the right thing. It is not and never will be sustainable.

So this year has been extremely difficult, it’s also extreme, and watching how I’ve started to let myself be Ellen and I’ve started to give myself permission to do what I love. Sure, I’m still taking the same English and Spanish classes that I love and still doing the work with the Nezâire that I love, but it’s those other small things that I’ve been giving myself permission to do. Singing in the choir at Mass then going home to rock out to Taylor Swift. No, Ellen, there’s nothing wrong with you. You love music, and you love that you have a wide range of music that you love. British Romantic literature, whilst you pass through your life, you have a wide range of music that you love. But it’s those other small things that I’ve been giving myself permission to do. Singing in the choir at Mass then going home to rock out to Taylor Swift. No, Ellen, there’s nothing wrong with you. You love music, and you love that you have a wide range of music that you love. British Romantic literature,

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As thoughts turn towards the turmoil of life in the real world, memories of a cramped room in Kuhlman Hall and the first chill of an idyllic autumn can't help but surface. Plato’sRepublic, the first text many of us encountered on arrival to campus, serves as the pro- genitor for much of what we do here — and in this moment reals as comforting clarity in the tempest of an uncertain future.

The dialogue, and much of Western philosophy for that matter, emanates from its now canonized first line: “I went down to the Piraeus yes- terday.” Offered by the text’s protagonist (or antagonist, as he’sc’dly sure), Socrates, it recollects his descent down from the elevated hilltop marketplace of the Agor- ra to the Aegean port called the Piraeus— a community that served as a metaphor for that of justice and the good life.

In doing so, he descends back again to the place of flickering shadows. Here, the metaphor becomes just as real as the prisoner descends down to the cave, so too does Soc- rates descend down to the metaphor of the elevated hilltop marketplace. Escaping the world of dazz- ling lights, both embrace the decision to descend and to engage the community there- not from on high but on equal ground.

This is a similarly-titled essay for the Harvard Advocate about a decade ago, then-undergradu- ate Josiah Bartlet reminds us, “Having talent and education doesn’t place you above the rest of the world. It makes you responsible for it.”

It is in this sense of service that we are called back from the world of undergraduate education. We are compelled to use what we have gathered these last few years — of love, of justice, of compassion — to return to those- around us.

Mom, Dad, Daniel — thank you.

So, uh. Graduation is a thing that’s happening soon. I am with you all, of course, this year and the year before that. I tried not to think too deeply about them at first read. 

Wouldn’t I dare to con- nect the words of my gradu- ated peers with my rising self. 

Indeed, making me suit- able boot from undergraduate education, I have no choice but to reflect.

Even just by judging my lit- tle red book of interlocutors, the picture of my face, things might look pretty swell. Three majors, amirite? And I actually am graduating in four years with all of them. Why shouldn’t I be flexing that?

The pursuit of degrees I have is how I measure success. I doubt it’s any- one measures success, in fact.

Now, this movement is of- ten read — and indeed Plato intended it — in the spirit of paternalism and an elitist ar- rivalism. Truly, the allegory of the cave serves to support Plato’s fraught assertion that philosophers, those who had left the cave, ought to rule with dominion over those trapped below. But I like to interpret the allegory in a different way for its clarity that we are called back from the world of undergraduate education. We are compelled to use what we have gathered these last few years — of love, of justice, of compassion — to return to those around us.

Mom, Dad, Daniel — thank you.
Xavier baseball improves to 9-2 in Big East play

BY JOE CLARK

Xavier baseball traveled to Omaha, Neb., last weekend to take on Creighton in Big East Conference action before heading home for a Tuesday night game against Miami (OH).

Xavier took two of three games against the Blue Jays to improve to 9-2 in Big East play. Against the RedHawks on Tuesday, the Musketeers fell 7-4.

In game one of the series on Friday night, Xavi- er jumped out to a quick 3-1 lead through three innings. In the top of the second, junior catcher Natale Monan tra singled home freshman infielder Jack Housinger to give the Musketeers a 1-0 lead. Creighton responded in the bottom half of the inning to score their only run, which came off of a solo homer by Jordan Hovey.

That was the only blip in an otherwise impressive day for senior right-hander Dominin Richard, who went 5.2 innings giving up one run while striking out four.

In the top of the third, Xavier retook the lead on an RBI single by senior first baseman Matt Warkentin to go up 2-1. The Musketeers picked up another run in the third on senior infielder Chris Givin’s double to give themselves a two-run lead. The score remained 3-1 until the top of the eighth, when sophomore outfielder Allhry Major hit an insidethe-park home run that also scored graduate infielder Jake Shepski to put Xavier up 5-1.

The Musketeers returned to action Sunday afternoon for a day-night doubleheader. Unlike Friday night, Xavi- er couldn’t get much going with the bats and took a 3-0 loss in game one of the dou- bleheader. Creighton starter Denson Hull threw a sev- en-inning complete game, striking out five while allow- ing just three hits to silence the Xavier bats.

In the rubber match of the series on Saturday night, Xavi- er got a fantastic outing from junior Connor Grammes to pick up a 3-1 win. He secured the win on the hill for Xavier, tossing seven innings while striking out six.

Creighton scored its lone run in the bottom of the first off a Jake Holton RBI to grab a quick 1-0 lead, but Xavier responded in the top of the fifth when Warkentin singled home freshman infielder Kody Darcy. Shepski put Xavier on a 2-1 lead and later added an in- surance run when he single home Darcy in the eighth to give the Musketeers a two-run cushion. For his quality performances last weekend, Shepski was named to the Big East Weekly Honor Roll.

Freshman relief pitcher Lane Flamn got the six-out save for his fifth save of the year. Xavier gained a 2-1 lead early against Miami on Tues- day afternoon before Miami scored two runs in the fifth to take the lead back, 5-4.

However, the Musketeers lost the lead in the fifth. Monatra also homered, but Xavier ultimately fell short by three runs.

Wood captures Big East individual championship

BY DONNY MENKE

Sophomore Garrett Wood captured conference golf individual Big East championship this past weekend, following in the footsteps of Mikay- la Fitzpatrick, who won the women’s individual championship the weekend before.

Wood and Fitzpatrick are the first duo to secure championships in five years, when St. John’s won both.

Wood shot a 73 in the opening round, three over par, but rebounded with an even 72 in the second round to move into a tie for fifth place heading into the final day.

He shot better than par on the final to claim the champi- onship. Wood is the 12th indi- vidual conference winner in Xavier history.

Sophomore Imaaad Qureshi finished 21st overall, but led Xavier with 34 total birdies. The score allowed him to tie for third place at the Big East Tournament. Sophomore Martin Jaramillo also finished in the top 25, placing 24th, while freshman Nick Frey tied for 36th.

As a whole, the team shot 316 (+28) on the first day, which had them in eighth place going into the second day. They shot 18 strokes behind the leaders, Creighton, as the Blue Jays shot 298 (+10) on the first day.

Xavier rebounded to shoot the second best score on the second day, shooting just 293 (+3) to put them at 609 (+33) heading into the final day. They trailed leaders Mar- quette (+13) by 18 strokes.

That was as close as Xavi- er would get, however. The Musketeers shot a 303 (+15) in the final round of the tournament to finish with a score of 312 (+28), which got them seventh place overall. Mar- quette captured the team title with an 872 (+8).

Wood will participate in one of the six NCAA Re- gionals as a result of his title, which take place from May 13-15. The possible sites at which Wood could partici- pate are: Louisville, Ky., Pull- man, Wash., Stanford, Calif., Athens, Ga., Myrtle Beach, S.C. and Austin, Texas. His placement will be revealed on Wednesday.

Roberts, Kostarellis set track & field school records

BY TIM KRAMER

Xavier track and field closed out its regular sea- son on a high note and looks ahead to the Big East Championships.

The men’s and women’s teams competed in four meets throughout the last two weekends: the Bryan Clay In- vitational, Pacesetter Invita- tional, the Lenny Lyles-Clark Wood Invitational. During the three meets in California, the men’s side set school records.

One standout performance came from sophomore Will- iam Roberts, who broke his original individual school record in the 400-meter hur- dles, posting a time of 53.56 at the Bryan Clay Invitational.

While on the women’s side sophomore Anna Kostarellis captured the title in the 1000-meter event.

At the Pacesetter Invita- tional hosted by Indiana State, Xavier posted 16 top- 10 finishes.

Sophomore Connor Mee- han led the men’s side placing fifth in the 800-meter dash with a time of 1:55.95.

At the Lenny Lyles-Clark Wood Invitational, sopho- more Jenna经历了 a first-place finish in the 3,000-meter steeplechase with a time of 10:45.64. The result was the team’s personal-best time in the event.

“We had a good weekend at Louisville. It was exactly what I was looking for two weeks before Big East,” head coach Ryan Orner told goxavier.com. “We’ve been working our butts off, we executed race plans well and hung in there against some good competition. Jen- na’s win in the steeplechase was definitely the highlight of the meet but everyone on the team who competed had a good meet.”

Xavier will return at the Big East Outdoor Track and Field Championships on May 10-11 in New York City.
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“We’re in the endgame now” - Doctor Siefke