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553-02P Art and Science of Nursing Practicum

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**XAVIER UNIVERSITY
COLLEGE OF PROFESSIONAL SCIENCES
SCHOOL OF NURSING
FALL 2018**

Course Number and Title: NURS 553 Art and Science of Nursing Practicum

Number of Credits: 2 (8 contact hours)

Combined Clinical and Lab Clock Hours: 120 hours

0800-1200 Planned Lab Hours: 92 hours (including 1 hour of high-fidelity simulation)

0700-1100 Planned Clinical Hours: 28 hours

Pre-requisites: none

Co-requisite NURS 550,552, 501, 554, 502

Course Description:

This course introduces methods of holistic health assessment for adult clients. Nursing therapeutics are applied to the adult client that relate to the prevention of illness and promotion of healthy life styles. Opportunities are provided for the development of competency with nursing therapeutics and communication through laboratory practice, acute clinical experiences, and community health education through the development and participation in a health fair within a culturally diverse community setting. Emphasis is on the development of critical thinking and the promotion of patient safety through the use of the nursing process, self assessment, and therapeutic communication.

Course Objectives:

1. Demonstrate beginning assessment skills for the adult client
2. Apply steps of the nursing process with regard to the health assessment
3. Practice beginning skills when implementing nursing therapeutics
4. Demonstrate therapeutic relationships with adults in both the clinical and community settings respecting the diverse nature of all clients
5. Communicate effectively in both written and oral format
6. Assume responsibility and accountability for self as a member of the nursing profession
7. Demonstrate safe nursing care in the clinical and community settings within current safety standards and facility policy and procedure guidelines

The following assignments meet 8.5 hours of the CNL clinical immersion hour requirements:

1. The Health Fair (4 hours)
2. The Critical Thinking Medium and High-fidelity simulations (4 hours)

Laboratory Time and Location: 0800-1200 Mon & Wed in Cohen 128

Clinical Site Times and Locations: (See calendar for specific dates)

Section 1: Liz JungKunz, BSN, RN
UC West Chester 1 PCT
Monday 7am-11am
jungkunze@xavier.edu.
513-678-0065 cell

Section 2: Professor Elza Jonas, PhD, RN
Mercy Anderson
Monday 7am-11am
jonase@xavier.edu
513-313-1300 cell

Section 3: Professor Susan Jansing, BSN, RN
Bethesda North 5T300
Monday 7am-11am
jansings@xavier.edu
513-203-9472 cell

Section 4: Mary Morris, MSN, RN
Bethesda North 2T300
Wednesday 7am-11am
Morrism16@xavier.edu
513-379-5157 cell

Section 5: Charlene Callahan, MS, RN
UC West Chester 5PCT
Wednesday 7am-11am
callahang@xavier.edu
513-465-1500 cell

Course Coordinator: Brenda Wiles, DNP, RN
Office: 126 Cohen
Phone: 513-745-3040 office
E-mail: wilesb@xavier.edu
Office hours: M & W 3-4:30 and by appointment

Required Texts:

1. Ackley & Ladwig (2014). *Nursing diagnosis handbook, An evidenced based guide to planning care*. St. Louis, Missouri: Elsevier.
2. Berman, A., & Snyder, S. (2012). *Kozier & Erb's fundamentals of nursing concepts, process, and practice* (10th Ed.). Upper Saddle River, New Jersey: Pearson Education, Inc.
3. Ogden, S.J., & Fluharty, L.K. (2016). *Calculation of drug dosages: A work text* (10th, Ed.). St. Louis, Missouri: Elsevier

4. Schuster, P.M. (2012). *Concept Mapping: A critical-thinking approach to care planning*. Philadelphia, PA: F.A. Davis
5. EAQ quizzing; Elsevier

*Please note that the 3 products sold by Elsevier are bundled in the XU bookstore, which makes them less expensive than purchasing them separately.

Teaching Strategies:

Video, mini-lectures, simulation, discussion, small group work, case studies, charting, role playing, journaling, written and oral assignments, demonstration and return demonstration.

Methods of Evaluation: (Rubrics are located in Canvas)

- | | |
|--|---|
| 1. <u>Journal</u> | Submit a journal of clinical experiences as indicated on the calendar. To be submitted no later than midnight on Sunday following clinical experiences. |
| 2. <u>Process Recording</u> | Complete a process recording of your communication with a client in the clinical setting. See calendar for due date. |
| 3. <u>Cultural Assessment</u> | Complete a cultural assessment of a client in the clinical setting. See calendar for due date. |
| 3. <u>Health Fair</u> | Plan and participate in a community health fair event. See calendar for due date. |
| 4. <u>Teaching Plan</u> | Develop and present a patient centered teaching plan representative of clients seen at the health fair. See calendar for due date. |
| 5. <u>Clinical Performance Evaluation:</u> | Meet course objectives during the clinical experience. |
| 6. <u>Mid-semester practicum exam</u> | Perform selected components of health assessment |
| 7. <u>Final Practicum:</u> | Perform selected components of health assessment and nursing therapeutics. Students must satisfactorily complete this |

component to pass the course.

8. Safe Administration of Medication Evaluation (SAM):

It is a requirement of the department of nursing that all students must achieve a score of 90% on the SAM evaluation at the end of the semester.

Should this goal not be met, remediation prior to re-taking the test is required. The initial grade on the first test is the recorded grade.

A screening pre-test will be administered at mid-semester to evaluate computation competency.

In addition to lab-time practice, it is expected that students will utilize the math calculations book to perform self-study.

9. Lab prep/participation/attendance: Preparation for and participation in all lab activities is expected.

Calculation of Grades:

The final course grade is based on the satisfactory completion of the following:

Mid-semester practicum evaluation	25%
Final lab practicum evaluation	30%
Clinical Performance evaluation	9%
Lab prep/participation/attendance	10%
Health Fair/Teaching plan	5%
Process recording	5%
Cultural assessment	3%
Journaling	3%
Safe Medication Administration Test	10%
	<hr/>
	100%

GRADING SCALE: (you must obtain a C or greater for a passing grade in nursing courses; a C- is **not** a passing grade in nursing courses).

94 – 100	A
90 – 93	A-
87 – 89	B+
84-86	B
80-83	B-
77-79	C+
75-76	C
70-74	C-
Below 70	F

Late assignments:

Assignments must be submitted by the date and time indicated on the syllabus and/or calendar. There will be a 5% reduction in grade for each day the assignment is late. All assignments must be submitted in order to pass the course. The student must contact the faculty member prior to the date the assignment is due, in order to be granted an exception for extenuating circumstances.

OUT OF CLASSROOM ASSISTANCE:

There may be times when you may find it necessary to seek additional support or direction. There are resources available, including the Library, Writing Lab, Office of Academic Support, Office of Disability, and the McGrath Health and Wellness Center. Occasionally, students may experience personal problems or difficulties during the semester that may seriously interfere with learning. If this should happen to you, please meet with me so that we can develop a plan to help you to be successful in the course.

The Office of Academic Support offers tutoring, Supplemental Instruction (SI), and study groups. For information about these services, contact Stephanie Daniels at 745-3214 or danielss3@xavier.edu. The OAS is located on the fifth floor of the Conaton Learning Commons, Suite 514.

Students with Disabilities:

Any student who feels he/she may need an accommodation based on the impact of a documented disability should notify the course instructor and contact Cassandra Jones in the Office of Disability Services at 745-3280 or e-mail jonesc20@xavier.edu to coordinate reasonable accommodations.

Attendance Policy:

Clinical laboratory is a mandatory component of nursing education. Each laboratory adds to the students' knowledge and increases their skill level, competence, and confidence. Students in the type of classroom we strive to achieve – a caring, productive community of learners- have something of value to contribute to the education of each other.

Should extenuating circumstances prevent a student from attending a lab or clinical day, it will be the responsibility of the student to contact the instructor at least one hour prior to the beginning of the lab or clinical day. Fulfilling this responsibility is a professional courtesy and reflects the professional behavior that we seek to promote, and one that the professional setting would unequivocally expect to occur.

Note: The student is responsible for completing the missed lab content on his or her own time and will receive no laboratory participation points for that day. When clinical is missed the student is responsible for submitting a full clinical packet and will receive at maximum 20 of the CPE points for that day.

In the event a clinical class is cancelled, accommodations will be made for a makeup date. Please note that make-up days are during exam week. Please mark your calendar accordingly. For further information regarding attendance see the Graduate Student Handbook, "School of Nursing Attendance Policy."

Professional Behavior: Please read the Xavier School of Nursing Handbook regarding professional behavior in both the lab and the clinical site. Excessive absences and tardiness reflect unprofessional behavior. Cell phones should be on silent and in your pocket or book bag during lab and clinical. It is against Xavier and health care facility policies to access your cell phone in patient care areas. The clinical time is a wonderful opportunity to learn from your faculty as well as from your peers. Respectful behavior to all peers and faculty is expected at all times.

Uniform: Please review the Xavier School of Nursing uniform policy as outlined in the handbook. Students are to wear the appropriate identification at all times when on the clinical unit and in the nursing lab.

Clinical Sites: Client privacy must be upheld at all times. This includes any paperwork, conversation, social media, and e-mail. Please review the HIPAA policy in the Xavier School of Nursing Handbook. Violation of privacy carries serious consequences. Do not bring valuables to the clinical area. There may not be a secured area for your belongings. Any identification badge or parking permit issued by the facility is the property of that facility and is to be returned to your clinical faculty on your last clinical day. Failure to return these may result in a \$50.00 fine.

Academic Honesty Policy: (from Xavier policy)

The pursuit of truth demands high standards of personal honesty. Academic and professional life requires a trust based upon integrity of the written and spoken word. Accordingly, violations of certain standards of ethical behavior will not be tolerated at Xavier University. These include theft, cheating, plagiarism, unauthorized assistance in assignments and tests, unauthorized copying of computer software, the falsification of results and material submitted in reports or admission and registration documents, and the falsification of any academic record including letters of recommendation. **All work submitted for academic evaluation must be the student's own.** Certainly, the activities of other scholars will influence all students. However, the direct and unattributed use of another's efforts is prohibited, as is the use of any work untruthfully submitted as one's own. Penalties for violations of this policy may include one or more of the following: a zero for that assignment or test, an "F" in the course, and expulsion from the University. The dean of the college in which the student is enrolled is to be informed in writing of all such incidents, though the teacher has full authority to assign the grade for the assignment, test, or course. If disputes of interpretation arise, the student, faculty member, and chair should attempt to resolve the difficulty. If this is unsatisfactory, the dean will rule in the matter. As a final appeal, the academic vice president will call a committee of tenured faculty for the purpose of making a final determination.

In addition to The Academic Honesty Policy of Xavier University, the American Nurses' Association's Code of Ethics includes provisions which hold nurses accountable for demonstrating integrity, knowledge development and competency to promote personal and professional growth. Students are expected to work toward meeting these standards throughout their coursework.

Social Media:

Social media and the internet provide an important medium for sharing information and offers easily accessible methods for mass communication. Nursing students must be aware of the risks and consequences associated with social networking. On-line social networking (e.g., Face book, MySpace, Twitter, blogs, etc.) are open, publicly accessible sites. Unprofessional or unbecoming online behavior undermines not only the nursing student's reputation, but may also have negative implications for Xavier University, and the profession of nursing. Certain violations in the use of social media may expose the offender to criminal and civil liability.

<http://www.xavier.edu/deanofstudents/documents/studenthandbook.pdf>
<http://www.xavier.edu/nursing/current-students.cfm>

The following are taken from the American Nurses Association Social Networking Recommendations and modified to serve as a guide to students to avoid potential problems.

1. Standards of professionalism are the same on-line as in any other circumstance.
2. Never post photographs or any information gained in a nurse-patient relationship.
3. Maintain professional boundaries in the use of electronic media. Online contact with patients blurs these boundaries.
4. Do not post inflammatory or unflattering information about peers, patients, clinical sites and/or their employees on any social media site. Make every effort to present yourself as mature, responsible, and professional.
5. Do not take photos or recordings of a patient in your clinical setting or peers in their clinical or classroom learning environment without obtaining special permission utilizing the appropriate forms.
6. Promptly report any breach of confidentiality or privacy to your faculty member.
7. Do not share any protected health information. (HIPAA)

Source: <http://www.nursingworld.org/functionalmenucategories/aboutana/social-media/social-networking-principles-toolkit>

Caveat:

The schedule and procedures in this course are subject to change in the event of an extenuating circumstance as well as class learning needs.

Faculty:

Brenda Wiles, DNP, RN (Course coordinator)

Dr. Wiles earned her BSN at Spalding University in 1990, her MSN from Xavier University in 2008, and her MEd from Xavier University in 2009. She earned a Doctor of Nursing Practice degree in educational leadership from Case Western Reserve University in 2016. Her research area of interest is promoting nursing students' clinical judgment to enhance patient safety and quality care through the use of various teaching strategies, including high-fidelity patient simulation.

She has many years of experience as a registered nurse in the clinical setting. She began her career at Deaconess Hospital in Cincinnati, where she spent ten years as a staff and charge nurse in oncology, neurology, and medical-surgical nursing. She spent the next eight years working at Bethesda North Hospital in the ICU/CVRU and PICC team, during which time she was ACLS and CCRN certified. During this time she was well-known as a clinical leader with the ability to communicate and collaborate with all members of the interprofessional team, in order to promote patient safety and quality of care. She has been in the nursing faculty role for several years. She received the Miriam Agnes Payne Award in 1990. She is a member of the Omicron Omicron Chapter of Sigma Theta Tau International.

Liz JungKunz, BSN, RN

Liz Jungkunz BSN, RN has been a nurse since 2008. She started her career in health care as a PCA/STNA. Slowly climbing the clinical ladder, she received her LPN in 2008, RN in 2011, and her BSN from Ohio University in 2017. As a PCA/STNA Liz's drive to care for others grew with the years of continued education and clinical practice. She has background in elderly care, memory care/dementia, psych, med surge, and telemetry. Liz has been a bedside nurse at West Chester Hospital for the past 6 years, precepting new nurses, and most recently stepped up to being charge nurse on the weekends. She looks forward to working along side educating Xavier students; sharing her passion for clinical nursing, helping others when they can be most vulnerable, and help shape the future of nursing.

Susan Jansing, BSN, RN

Susan Jansing has worked as an adjunct faculty for Xavier University since 2010. Professor Jansing has over 30 years of experience as a medical surgical nurse. Professor Jansing received her BSN from Mount Saint Joseph University, Cincinnati, Ohio in 1981. She earned her Medical Surgical Certification in 2006. She currently works for TriHealth, Inc. at Bethesda North Hospital, Cincinnati, Ohio. Professor Jansing is licensed in the state of Ohio

Elza Jonas, PhD, RN

Dr. Jonas is currently adjunct faculty at Xavier University teaching medical surgical nursing in the MIDAS program. Dr. Jonas has over 15 years in the area of medical surgical nursing and family practice. Dr. Jonas served her community as Nurse Practitioner in the state of New York. Dr. Jonas is currently licensed in the state of Ohio.

Mary Morris, MSN, RN

Mary Morris, MSN, RN has been a nurse for more than 50 years. She started as an LPN and worked her way through diploma, Bachelor's and Master's programs. She has always been interested in critical care nursing from the newborn to the elderly. Her career in nursing has given her many opportunities for new experiences; from bedside nursing to the director of an associate degree program with many adventures in the middle. She looks forward to helping guide the next generation of nurses to their "great adventures". She is a graduate of Good Samaritan School of Nursing (Diploma in Nursing) The

College of Mount Saint Joseph (Bachelor of Science in the Management of Healthcare Services) and finally Xavier University (Masters in Nursing Administration).

Charlene Callahan, MS, RN

Charlene Callahan RN, MS earned her BSN from Miami University in 2002 and her MS in nursing from Wright State University in 2004. Following graduate school, she returned to Miami University as a Visiting Professor of Nursing. Her first nursing experience was Labor/Delivery and Mother Baby Care after earning an ADN from Miami University and since has worked in various areas of nursing including Medical/Surgical, Critical Care, Utilization Review, Quality Assurance, Radiology, and Cardiac Cath Lab. She currently works at West Chester Hospital in the emergency room and enjoys the variety of nursing assignments that position offers. Charlene is a member of Sigma Theta Tau and a Daisy Award recipient.

Lab Calendar: Please see Canvas for lab prep guides for required preparation. Please bring your Kozier & Erb book and Ackley & Ladwig book to all labs. Please bring your stethoscope and BP cuff to all labs. Please bring your math book when calculations are indicated on the outline.

Date	Topic
August 20	Course orientation/Handwashing
August 22	Fire safety and infection control/patient identifiers/metric conversions
August 27	Hygiene
August 29	Vital Signs/Oral care/Math
September 3	Labor Day Holiday; No Class
September 5	Communication: SBAR/cultural assessment and health history/SIM
September 10	Cardiovascular assessment
September 12	Respiratory assessment/NT and trach suctioning/Trach care/IS use
September 17	Abdominal assessment/ NG insertion/G-tube feedings
September 19	Nutrition/Calculating percentages eaten/carb counting/I & O
September 24	Pre-SAM/math practice Communication: process recording/SIM
September 26	Health Fair: poster and teaching plan due
October 1	Musculoskeletal assessment (safety, transfers, and mobility)
October 3	Mid-term practicum exam practice Skills practice
October 8	Mid-term practicum exam
October 10	Dress rehearsal for clinical Documentation: Packet/Drug cards
October 15	Journal 1 due by 10/22

	Clinical: groups 1-3 Lab: elimination (including specimen collection and F/C insertion): groups 4 & 5
October 17	Clinical: groups 4 & 5 Lab: elimination (including specimen collection and F/C insertion): groups 1-3
October 22	Clinical: groups 1-3 Lab: sensory and neuro assessment: groups 4 & 5
October 24	Clinical: groups 4 & 5 Lab: sensory and neuro assessment: groups 1-3
October 29	Process Recording due by 11/5 Clinical: groups 1-3 Lab: Skin and wound assessment (sterile dressing change/wound vac): groups 4 & 5
October 31	Clinical: groups 4 & 5 Lab: skin and wound assessment (sterile dressing change/wound vac): groups 1-3
November 5	Journal 2 due by 11/12 Clinical: groups 1-3 Lab: Medication administration (including math calculations): groups 4 & 5
November 7	Clinical: groups 4 & 5 Lab: Medication administration (including math calculations): groups 1-3
November 12	Cultural assessment due by 11/19 Clinical: groups 1-3 Lab: IV medications (including math calculations): groups 4 & 5
November 14	Clinical: groups 4 & 5 Lab: IV medications (including math calculations): groups 1-3
November 19	SAM test/post-mortem care/VAD care/skills practice/Barb (death and dying)
November 21	Thanksgiving Holiday; No class
November 26	Journal 3 due by 12/3 Clinical: groups 1-3 Lab: Simulation/packets/concept mapping groups 4 & 5
November 28	Clinical: groups 4 & 5 Lab: Simulation/packets/concept mapping groups 1-3
December 3	Final Practicum Exam Practice Skills practice
December 5	Final Practicum Exam End of semester evaluation
December 10 and 12	Clinical make-up days; exam week

