

2013

## 361-04P Adult Transitions Practicum

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**XAVIER UNIVERSITY  
COLLEGE OF SOCIAL SCIENCES, HEALTH, AND EDUCATION  
SCHOOL OF NURSING**

NURS 361 Fall 2013

**Course Number and Title:** NURS 361 Adult Transitions Practicum

**Number of Credits:** 4  
**Total Hours** 180 hours  
**Tuesday:** 0700-1500 116 Clinical Hours  
**Thursday:** 0830-1230 64 Lab Hours

**Pre-requisites:** All NURS 100, 200 courses and 364  
**Co-requisite** NURS 360

**Course Description:** Application of promotive, preventive and interventive holistic nursing therapeutics in adults experiencing health-illness transitions in primary, secondary, and tertiary health care settings. The course focuses on fostering skill in planning, implementing, and evaluating holistic nursing therapeutics used to facilitate healthy outcomes for adults. Therapeutic presence is emphasized as an essential component of every nursing action. Interventions will assist clients in exploring self-awareness, spirituality, and personal transformation in healing. Twelve hours of clinical practicum weekly.

**Course Objectives:**

1. Demonstrate beginning level skill in clinical decision making with adults experiencing common health-illness transitions.
2. Utilize knowledge from humanities and physical, behavioral and nursing sciences to facilitate health-illness transitions in adults.
3. Develop collegial relationships with other health care providers when organizing care for adults.
4. Plan nursing therapeutics to conserve and preserve resources in caring for adults.
5. Utilize the nursing process in caring for adults experiencing health-illness transitions.
6. Initiate therapeutic relationships with adults experiencing health-illness transitions.
7. Assume responsibility and accountability for own decisions and actions when caring for adults experiencing health-illness transitions.
8. Practice within an awareness of legal and ethical standards for nursing.
9. Locate needed resources to assist individuals in transition.
10. Develop professional communication and clinical skills by

participating fully in clinical class discussions, presentations, and simulation sessions.

**Time and Location:** Tuesday: Clinical unit 0700-1500  
Thursday: Cohen Room 187 0830-1230

**Course Coordinator:** Brenda Wiles, RN, MEd, MSN  
Office Phone: 513-745-3040  
Cell 513-254-8129  
E-mail: wilesb@xavier.edu  
Office hours by appointment

**Faculty:**

Section 1 Billie Bresnen, RN, BSN  
E-mail: bresnenb@xavier.edu  
Office hours by appointment  
Cell: 513-312-0840

Melissa Mayer, RN, BSN  
E-mail: mayerm3@xavier.edu  
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Cell: 513-490-6164

Section 2 Shonda Pickelheimer, RN, BSN  
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Section 3 Starla Shearer, RN, BSN  
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Section 4 Terri Stumpf, RN, MSN  
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Section 5 Margaret Jordan, RN, MSN, ONC  
E-mail: jordanm3@xavier.edu  
Office hours by appointment  
Cell: 513-520-8335

Section 6 Janet Thompson, RN, MSN  
E-mail: thompsonj24@xavier.edu  
Office Hours by appointment

Cell: 513-377-4818

**Texts:**

1. LeMone, P., & Burke, K. (2011). *Medical-surgical nursing: Critical thinking in client care* (5th ed.). Upper Saddle River, NJ: Prentice Hall.
2. Schuster, P. M. (2012). *Concept mapping: A critical-thinking approach to care planning* (3rd ed.). Philadelphia: F. A. Davis.
3. Current nursing drug reference manual and diagnostic lab manual of the student's choice. *Recommended:* Fishbach, F. *A manual of laboratory and diagnostic tests*. Philadelphia: Lippincott.
4. All nursing texts from Level 1 and 2 and text for NURS 360
5. 361 Clinical Nursing Supplies kit to be ordered from the bookstore

**Methods of Evaluation:**

|                                |     |
|--------------------------------|-----|
| Assignments/Client Packets (3) | 16% |
| Packet 1    practice           |     |
| Packet 2    8%                 |     |
| Packet 3    8%                 |     |
| Clinical Performance           | 30% |
| Weeks 1-5    10%               |     |
| Weeks 6-10  10%                |     |
| Weeks 11-16 10%                |     |
| Discharge Teaching Plan Paper  | 10% |
| Grand Rounds Presentation      | 10% |
| HESI                           | 10% |
| Ignatian Weekly Journal        | 5%  |
| SAM Evaluation                 | 10% |
| Aging Well                     | 5%  |
| Quizzes                        | 4%  |

**Thursday Clinical Lab**

Readings, worksheets, case studies, weekly dose calculations, medication of the week, and SIM information is available on Blackboard. Students are expected to utilize these resources to prepare for the clinical lab days. Students are expected to come prepared. A clinical group will be designated to present the medication and dose calculation answers each week. Lack of preparation will be reflected in the weekly CPS grade.

**Tuesday Clinical**

Students are expected to prepare a clinical assignment each week. This is to include assessment

data, labs, medications, and pathophysiology with an initial plan of care. The weekly paperwork is due by 0830 on Thursday. The calendar will indicate the date packets are due. Packets must also be submitted by 0830 on Thursdays. If scheduled for observation, prepare either the observation packet or the OR/PACU packet. Please note that there is a reading assignment prior to the OR experience. The observation paperwork is due on Thursdays at 0830.

**Grade Scale:**

|   |             |
|---|-------------|
| A | 92-100%     |
| B | 84-91%      |
| C | 75-83%      |
| D | 66-74%      |
| F | 65 or below |

**Late assignments:**

Assignments must be submitted by the date and time indicated on the syllabus and/or calendar. There will be a 10% reduction in grade for each day the assignment is late. All assignments must be submitted in order to pass the course. The student must contact the faculty member prior to the date the assignment is due, in order to be granted an exception for extenuating circumstances.

**Clinical Performance Scale:**

The Clinical Performance Scale (CPS) is based on the objectives of the course and is designed to facilitate communication between faculty and student (see handout of scale and definitions). The faculty will complete a weekly evaluation of each student following the clinical experience. In addition, a cumulative scale will be completed at three predetermined time frames. The student will receive a mean score every week. These mean scores constitute the grade for clinical performance.

The scale is based on a variable point system. It is important to note that improvement over time is critical. The clinical performance grade will be translated roughly according to the above grade scale. The clinical grading includes both Tuesday and Thursday experiences.

**Methods of Evaluation: Students must satisfactorily meet all course objectives. The clinical instructor is responsible for evaluating the knowledge base, skill competency and course goal achievement based on the established criteria. The instructor's evaluation supersedes the cumulative scoring of written assignments.**

**HESI Policy**

HESI exam will be administered at the end of this semester. The score achieved will be weighted in the student's final grade at 10%. Students must obtain a minimum score of 850. Students not reaching a score of 850 are REQUIRED to participate in the remediation process. This will include a self-improvement plan developed by the student, making an appointment with the Guided Study faculty at the School of Nursing, and completion of the three case studies assigned by the course coordinator. The student is required to earn a minimum of 75% on the case studies to be considered passing. The student will receive a grade of "I" (Incomplete) until such time that the remediation is completed. Students are responsible to make any remediation requirements required.

## **Safe Medication Administration**

Students are required to take the initial Safe Administration of Medications (SAM) assessment test. The student will need to obtain 100% on this test prior to medication administration on their clinical unit. The test will be administered during the first Thursday clinical lab. The tool will serve to facilitate a learning agreement between the student and the clinical faculty to promote safe medication administration.

There will also be an end of semester SAM test that will reflect specific objectives you have met over the semester. This will count as 10% of the final grade. The student must achieve 95% on this final SAM assessment test. Should the student not achieve a 95% the student must participate in the assigned remediation program. The student will be given two opportunities to retake the SAM Exam. If the 95% is not met after three attempts the student will not meet course objectives. The student will receive a grade of "I" (Incomplete) until such time that the remediation is completed. The initial grade received on the test is the recorded grade.

### **Attendance Policy:**

Clinical practice is an integral part of professional nursing education. Clinical practice provides the student with an opportunity to put theory into practice with supervision. Each student has something to contribute to clinical experience as well as something to learn from the experience. Therefore, it is critical that students attend all clinical experiences and classes. Students are expected to attend all Tuesday and Thursday clinical experiences.

Should circumstances prevent a student from attending a clinical experience either on Tuesday or on Thursday, it will be the responsibility of the student to inform the instructor and/or the clinical unit **1 hour prior to experience BY PHONE ONLY**. Any other form of communication will be considered an unexcused absence. Fulfilling this responsibility is a type of professional behavior we seek to promote, and one the professional world unequivocally expects to occur.

### **Professional Behavior**

The use of cell phones, texting, sleeping, or disruptive behavior will not be tolerated in the classroom or at the clinical site. Excessive absences and tardiness will also be treated as unprofessional behavior. Please review the conduct policy as outlined in the School of Nursing Handbook. All students are required to follow clinical laws and the OBN Rules and Regulations as outlined in the School of Nursing Handbook.

### **Social Media**

Social media and the internet provide an important medium for sharing information and offers easily accessible methods for mass communication. Nursing students must be aware of the risks and consequences associated with social networking. On-line social networking (e.g., Face book, MySpace, Twitter, blogs, etc.) are open, publicly accessible sites. Unprofessional or unbecoming online behavior undermines not only the nursing student's reputation, but may also have negative implications for Xavier University, and the profession of nursing. Certain violations in the use of

social media may expose the offender to criminal and civil liability.

<http://www.xavier.edu/deanofstudents/documents/studenthandbook.pdf>

<http://www.xavier.edu/nursing/current-students.cfm>

The following are taken from the American Nurses Association Social Networking Recommendations and modified to serve as a guide to students to avoid potential problems.

1. Standards of professionalism are the same on-line as in any other circumstance.
2. Never post photographs or any information gained in a nurse-patient relationship.
3. Maintain professional boundaries in the use of electronic media. Online contact with patients blurs these boundaries.
4. Do not post inflammatory or unflattering information about peers, patients, clinical sites and/or their employees on any social media site. Make every effort to present yourself as mature, responsible, and professional.
5. Do not take photos or recordings of a patient in your clinical setting or peers in their clinical or classroom learning environment without obtaining special permission utilizing the appropriate forms.
6. Promptly report any breach of confidentiality or privacy to your faculty member.
7. Do not share any protected health information. (HIPAA)

Source: <http://www.nursingworld.org/functionalmenucategories/aboutana/social-media/social-networking-principles-toolkit>

### **Cancellation**

In the event that clinical day is cancelled for any reason, make up days will be conducted during exam week on either a Tuesday or Thursday during scheduled clinical hours. Please include this week in your schedule.

### **Late Assignments:**

There will be a 5 point per day deduction for late assignments up to 10 points. After two days the assignment will not be accepted and the grade will result in zero. If you are having difficulty with an assignment please talk with your faculty for assistance.

### **Plagiarism**

This is considered a serious violation by both the University and the School of Nursing. Please refer to the Xavier Student Handbook and The School of Nursing Handbook

### **Clinical Appearance:**

Students are required to wear the uniform described in the student handbook for all medical-surgical experiences at the clinical site. Failure to comply will result in the student being dismissed from the unit and receiving an unsatisfactory evaluation for the day. Business casual attire, lab coat, and name badge are required for picking up patient assignments the night prior to the clinical experience.

Please no jeans or open toed shoes. Items such as **beepers, cell phones, or tape recorders are not to be brought** to any clinical experience. Students should remove these items prior to coming on the clinical unit.

Any badges or parking permits issued by the facility are the property of the facility. All badges are to be turned in the last week of clinical. Failure to return a badge may result in a monetary fine.

Thursday Seminar: Presentations: Business casual attire, lab coat,

Assignments: Business casual and lab coat

Clinical site: Uniform, clean white shoes, name badge, facility identification

Simulation lab: Uniform, lab coat, white shoes, name badge.

**Caveat:**

The schedule and procedures in this course are subject to change in the event of extenuating circumstances.

**Clinical coordinator: Brenda Wiles**

Brenda Wiles earned her BSN at Spalding University in 1990, her MSN from Xavier University in 2008, and her MEd from Xavier University in 2009. She spent ten years in medical/surgical nursing at Deaconess Hospital in Cincinnati. She spent the next eight years working at Bethesda North Hospital in the SICU/MICU/CVRU and PICC team, during which time she was ACLS and CCRN certified. She taught for three years at Good Samaritan College of Nursing. She was adjunct faculty for Xavier University, prior to assuming a full-time faculty position. She is currently pursuing her DNP at Case Western Reserve University. She is a member of the Association of Critical Care Nurses, and a member of Sigma Theta Tau.

**Faculty:**

**Peggy Jordan**

Peggy Jordan earned her BSN from Kent State University in 1990, and her MSN (with a focus in nursing informatics) from Xavier University in 2011. She has been oncology certified since 1990. She has had 21 plus years of nursing experience in oncology research and direct patient care, 5 plus years in outpatient research for the National Cancer Institution clinical trials, 5 plus years as a nurse clinician providing one-on one management of oncology practice, 7 plus years as a nurse clinician in an auto and allogeneic stem cell transplant center. She has 5 plus years as adjunct clinical faculty at Xavier University.

**Terri Stumpf**

Terri Stumpf earned her Diploma in Nursing from Cincinnati's Good Samaritan School of Nursing, her BSN at the College of Mount St. Joseph, Cincinnati, and her MSN with a specialty in oncology, from Duke University, Durham, NC. Terri has a solid clinical background in

medical/surgical nursing and after graduate school, experience as an Oncology Clinical Nurse Specialist among other roles. She has gained nursing experience in health care systems and nursing programs in Ohio, North Carolina, Texas, Connecticut and Florida. She taught at Good Samaritan College of Nursing, Cincinnati, and most recently served as Nursing Program Chair at Breckinridge School of Nursing for ITT-West Palm Beach and as nursing adjunct faculty with Indian River State College in Ft. Pierce, FL. She is relocating to Cincinnati this summer and is assuming an adjunct faculty position for Xavier University. She is a member of the Oncology Nursing Society and Sigma Theta Tau.

### **Billie Bresnen**

Billie Jo Bresnen graduated with her associate degree in nursing from Indiana Central University in 1983 and her BSN from Miami University in 1989. She has spent her entire nursing career at Fort Hamilton Hospital. She started in medical surgical orthopedics and then moved to the intermediate care unit. Here she went from staff nurse to charge nurse, to assistant nurse manager and now manager. She is critically care trained and has ACLS. During her 29 years she has been honored with employee of the month and the Daisy Award. Most recently she has been instrumental in the development of both the in and out-patient ultra-filtration programs and was a poster presenter in June of 2012 at The American Heart Association for Heart Failure Nurses Conference in Chicago.

### **Melissa Mayer**

### **Janet Thompson**

Janet Thompson graduated with her BSN in 1980 from the College of Mt.St.Joseph in Cincinnati, and with her MSN in 2010 from the University of Cincinnati. She worked at Jewish Hospital for 3 years on a medical floor. For 13 years she was a manager at Drake Hospital. She spent 17 years in the Critical Float pool at UC hospital. She was a PRN supervisor at West Chester Hospital for 3 years, and worked for 3 years in the Mercy Mt.Airy ICU. She has been a Xavier Clinical instructor for 1 year.

### **Starla Shearer**

Starla Shearer graduated from Northern Kentucky University with a BSN in 2009. She began working at the University of Cincinnati Medical Center as a PCA, and continues to work there as a nurse. She has been there for five years. Her nursing background is med-surg critical care and endoscopy. She is currently an MSN student at Xavier in the education concentration.

### **Shonda Pickelheimer**

Shonda Pickelheimer received her ASN from Raymond Walter's College in 2000 and her BSN from UC in 2003. She has been an RN for approximately 14 years. She began her career at Mercy Anderson Hospital, initially on the Oncology Unit, then to Telemetry and later ICU. In 2005 she accepted a position @UCMC in the supplemental staffing pool. She worked on every unit in the

hospital; including MICU, SICU, BURN Unit, Medical Step Down, Cardiac Step Down and all the Med-Surg floors. After the hospital dissolved the SSP role, she accepted a part-time position on the MSDU and opened a child care facility licensed to serve 106 children. Three years later she decided to sell her company because she missed working full-time as a nurse (her first passion). She currently works in the Emergency department, and has gained a higher level of nursing experience and knowledge. She is also attending Xavier part-time in the FNP program.

### **Melissa Mayer**

Melissa Mayer Received her BSN at the College of Mount St. Joseph in Cincinnati in 1993. She has spent the majority of her nursing career at Fort Hamilton Hospital where she worked 11 years in emergency department. For the last 7 years she has worked on a step-down telemetry unit and is currently the clinical coordinator. She also has experience working for Butler County with individuals with developmental disabilities. She has her ACLS, critical care training, crisis prevention intervention training and has been recognized as an employee of the month.