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469 Death and Dying: The Universal Experience

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**XAVIER UNIVERSITY
COLLEGE OF PROFESSIONAL SCIENCES
SCHOOL OF NURSING**

SPRING 2018

Course Number and Title: NURS 469- Death and Dying: The Universal Experience

Class Time: Monday: 4:00-6:30
Cohen 14
Field trips: TBA

Faculty: Barbara Harland, MSN, M.Ed., RN
Office: Cohen 131
Office Hours: Monday 3-4
Phone: 513- 745-3045
Cell : 513-659-8649
E-mail: halandbs@xavier.edu

Number of Credits: 3 Semester Credit Hours (45 Didactic Contact Hours)

Prerequisites/Co requisites: None

Textbooks:

Final Gifts: Callanan, M., Kelley, P. 1992, Bantam Books, New York

Grief Normal Complicated Traumatic, Schupp L.J. 2007 PESI Eau Claire, WI.

Recommended: *Glimpses of Heaven True Stories of Hope and Peace at the End of Life's Journey:* Trudy Harris, RN, 2008, Revell Publishing, Grand Rapids, MI.

Course Description:

The focus of this course is to examine current and historical issues related to death and dying. Holistic care of the dying patient and their caregivers will be explored, including physical, psychological, socio-economic, and spiritual needs as they relate to the person. Pertinent theories on death and dying and grief and loss are discussed. The application of these theories are examined in regards to the bereavement care provided to clients and families who are or have experienced a loss. Applicable concepts will be discussed as well as historical and current perceptions and rituals of death and mourning. Ethical, cultural, and spiritual issues will be addressed. Complicated or complex bereavement situations will be explored as well as the student's own perceptions of death and dying.

Course Objectives:

1. Discuss holistic concepts related to death and dying, grief and loss related to spiritual and cultural influence, and media depictions.

2. Examine theories that pertain to death and dying and grief and loss and their application in bereavement care.
3. Explore historical and current trends related to death, dying, grief, and loss.
4. Examine complex bereavement situations that are impacted by psychosocial, socioeconomic, religious, or gender role expectations.
5. Discuss the therapeutic roles of the interprofessional team members in various bereavement situations.
6. Analyze legal and ethical issues that may occur when providing end of life care
7. Explore physical, psychological, socio-economic, and spiritual needs of the client and caregivers experiencing a loss or a death.
8. Examine self-perceptions of death, dying, grief, and loss.

Methodology: Lecture, class discussion, audiovisuals, presentations, field trips, guest speakers, journaling, role play, and written assignments.

Evaluation Methods:

Cultural Presentations	15%
Media Presentation	15%
Bereavement Paper	35%
Summative Journal	25%
Class Participation	10%
Attendance 5%	
Discussion 5%	
Total	100%

Grading Scale:

A	94-100
A-	90-93
B+	87-89
B	84-86
B-	80-83
C+	77-79
C	75-76 (you must obtain a C or greater for a passing grade in Nursing)
C-	70-74
D+	67-69
D	64-66
D-	60-63
F	<60

Assignments:

Written assignments are to be submitted on the date due. Late assignments will result in a ten-point deduction for that assignment for each day up to a maximum of 2 days. After

this time the assignment will not be accepted and will result in a grade of zero. Should circumstances prevent you from meeting the assigned deadline permission must be obtained from the faculty **prior** to the due date.

Class Participation:

In order for a class of this nature to be a successful and meaningful experience, it is necessary for the student to take an interactive part through attendance and preparation. Attendance and participation is expected at all class sessions. Your input is valuable as we all learn from one another. In the event that you will miss a class, it is your responsibility to inform the faculty at least **one hour prior to the experience via cell phone. Failure to comply with this will be considered an unexcused absence. Unexcused absences will result in 3 points being deducted from your final grade for each unexcused absence. Excessive absences could result in a failure to meet the course objectives.**

Journal

The student will maintain a self-reflective journal throughout the course. The purpose of the journal is to explore your personal and professional growth, experiences, feelings, and reactions to topics discussed throughout the semester, and to serve as a self-assessment of your personal reactions and feelings toward grief, loss, death, and associated practices. You may meet with the faculty at any time to discuss your journal on a one-to one basis. Your final journal entry will be a narrative summary of your journal reflections for the semester. **The final entry should be reflective and present an in depth discussion of your personal reactions. The completed journal will count as 25% of your final grade.**

Analysis of Film:

The student with a partner will watch a current or classic film of your choice on the subject of death and dying. I will have a list if you cannot find a movie to view. Please submit the names of group members and the movie title to me by Wednesday of the first week of classes.

Students will submit a written analysis of the film The students will receive a group grade. This grade will count as 10% toward your final grade. The summary should include:

1. Title of film
2. Plot of the film
3. Major characters
4. An analysis on the grieving process of the major characters using one of the discussed theories.
5. Discuss the specific bereavement situation portrayed.
6. Identify the time-period in which the film takes place. Does this reflect the historical perspective of death & grieving
7. How does the film portray the socio-economic, spiritual, cultural norms and related rituals of grief, loss and death.
8. Was this a realistic portrayal of the aspects of grief, loss, death and dying? Explain.

9. Your overall impression of the film. Did you and your team agree in your impressions? Explain
10. Prepare a 5 -7 minute discussion of your summary in class.

Cultural Presentations

Students will select a 4-person team. Each team will select a specific culture to research. The group will present pertinent aspects of how the aggregate assigned manages the complete end of life experience of self and /or that of a loved one.

Each group will have 15 minutes for this presentation and discussion. Each presentation must include but is not limited to the following:

- A. Historical exploration of the culture (minimal)
- B. Pertinent cultural practices in regard to hospitalizations, health/illness practices, and relationship with health care providers
- C. Cultural practices in regard to:
 - 1.) Time and space preceding death
 - 2.) Care of the body after death
 - 3.) Family roles around death
 - 4.) Spiritual belief in the after-life
 - 5.) Ritual or taboo around death
 - 6.) Mourning rituals or practices
 - 7.) Cultural practices reflecting socioeconomic and gender practice
- D. Funeral and burial rituals
- E. Bereavement practices

Students are to submit their Power Point 1 week prior to presentation including a reference slide. Please note that all sources need to be referenced within the presentation as well as on the reference slide using APA Sixth Edition standards. Please review your audio visual needs prior to your presentation. A minimum of 3 scholarly sources are to be used.

Nursing students: **This is NOT a repeat of your NURS 132 Health and Culture Presentation.**

Bereavement Situation Paper:

The student will write a paper on their selected bereavement situation. The student may ask the faculty to review a rough draft of the paper prior to submission. The paper must be in APA (6th edition) format. There must be a minimum of 4 scholarly references. Papers should be between 4-6 pages. (excluding cover and reference pages) This paper will count for 30% of your total grade.

Plagiarism

This is considered a serious violation by both Xavier University and the School of Nursing. If plagiarism shall happen in this class, the student will receive a zero

without the opportunity to resubmit the assignment that was plagiarized. Please refer to the Xavier University Student Handbook and The School of Nursing Handbook for more information.

Academic Honesty Policy: (from Xavier policy)

The pursuit of truth demands high standards of personal honesty. Academic and professional life requires a trust based upon integrity of the written and spoken word. Accordingly, violations of certain standards of ethical behavior will not be tolerated at Xavier University. These include theft, cheating, plagiarism, unauthorized assistance in assignments and tests, unauthorized copying of computer software, the falsification of results and material submitted in reports or admission and registration documents, and the falsification of any academic record including letters of recommendation. All work submitted for academic evaluation must be the student's own. Certainly, the activities of other scholars will influence all students. However, the direct and unattributed use of another's efforts is prohibited, as is the use of any work untruthfully submitted as one's own. Penalties for violations of this policy may include one or more of the following: a zero for that assignment or test, an "F" in the course, and expulsion from the University. The dean of the college in which the student is enrolled is to be informed in writing of all such incidents, though the teacher has full authority to assign the grade for the assignment, test, or course. If disputes of interpretation arise, the student, faculty member, and chair should attempt to resolve the difficulty. If this is unsatisfactory, the dean will rule in the matter. As a final appeal, the academic vice president will call a committee of tenured faculty for the purpose of making a final determination.

In addition to The Academic Honesty Policy of Xavier University, the American Nurses' Association's Code of Ethics includes provisions which hold nurses accountable for demonstrating integrity, knowledge development and competency to promote personal and professional growth. Students are expected to work toward meeting these standards throughout their coursework.

Cancellation of class:

In the event that class is cancelled for any reason, alternative assignments will be posted and submitted via Canvas. The alternative assignments will be due by the beginning of the next scheduled class time unless otherwise noted.

Attendance and Participation:

Each student's participation is an important part of the learning process and the success of this course. Each of you has an important point of view and everyone learns from each other! Students should enter into all discussions since every view is important to the learning of the group as a whole. Collaborative educational activities are designed to promote an environment that supports a community of learning. Class attendance, and of course, careful reading of assignments (preparedness) and participation are essential for your own comprehension of the material.

Grading Rubric (attendance and participation):

	4-5 points	2-3 points	0-1 point
Attendance	Less than 2 recorded absences from class and related experiences	2 to 3 recorded absences from class and related experiences	Greater than 3 recorded absences from class and related experiences
Participation	Full participation and engagement in class and assignments Student consistently reports on time and is prepared for class	Few episodes of poor participation and engagement Student is sometimes tardy and/or not well prepared for the class	Multiple episodes of poor participation and engagement Student is frequently tardy and/or not well prepared for class

Students are expected to attend all classes. If an absence is unavoidable due to extenuating circumstances, the student is responsible to notify the faculty PRIOR to the missed class. If a student is going to be absent because of official Xavier activities, the student shall present the schedule to the faculty at the beginning of the semester.

CLASSROOM PROTOCOL:

It is important that everyone have the opportunity to share their thoughts and points of view in a positive and respectful environment. For everyone to benefit, it is necessary to be present with minimal distractions. Therefore, cell phones are to be turned off during class and respectful attention should be shown to the presenter, be it faculty, guest speaker or peer. Working on other class assignments, surfing the internet, or sleeping in class is behaviour not considered professional and will be addressed. Please read your School of Nursing Handbook to review professional classroom behaviour.

OUT OF CLASSROOM ASSISTANCE:

There may be times when you may find it necessary to seek additional support or direction. There are resources available, including the Library, Writing Lab, Tutoring Services and Psychological/Health Clinic. If you need assistance in contacting any support services, feel free to contact me either in my office or by email.

Here is a website for the writing center that may be helpful:

<http://writingcenter.unc.edu/handouts/>

The Staff in the Office of Student Success is available to assist students to make the most of their Xavier experience. Personal staff consultations, success coaching, referrals to on-campus Solution Centers, and guiding students to effectively navigate

their college experience are central to our work. Please visit www.xavier.edu/student-success to learn more or visit us in the Conaton Learning Commons.

Office of Student Success

Location: 514 Conaton Learning Commons

Phone: 513-745-3036

Email: studentretention@xavier.edu

Accommodation Letters:

It is my goal that this class be an accessible and welcoming experience for all students. If you are a student with a disability who may have trouble participating or effectively demonstrating learning in this course, contact me to arrange an appointment to share your Accommodation Letters from Disability Services and to discuss your needs. Disability related information is confidential. If you have not contacted Disability Services (located in the Learning Assistance Center) to arrange accommodations, I encourage you to do so by contacting Cassandra Jones, by phone at 513-745-3280, in person on the Fifth Floor of the Conaton Learning Commons, Room 514, or via e-mail at jonesc20@xavier.edu as soon as possible as accommodations are not retroactive.

Office of Academic Support

The Office of Academic Support offers tutoring, Supplemental Instruction (SI), and study groups. For information about these services, contact Stephanie Daniels at 745-3214 or danielss3@xavier.edu. The OAS is located on the fifth floor of the Conaton Learning Commons, Suite 514.

Students with Disabilities

Any student who feels he/she may need an accommodation based on the impact of a documented disability should notify the course instructor and contact Cassandra Jones in the Office of Disability Services at 745-3280 or e-mail jonesc20@xavier.edu to coordinate reasonable accommodations.

SOCIAL MEDIA:

Social media and the internet provide an important medium for sharing information and offers easily accessible methods for mass communication. Nursing students must be aware of the risks and consequences associated with social networking. On-line social networking (e.g., Face book, Myspace, Twitter, blogs, etc.) are open, publicly accessible sites. Unprofessional or unbecoming online behavior undermines not only the nursing student's reputation, but may also have negative implications for Xavier University, and the profession of nursing. Certain violations in the use of social media may expose the offender to criminal and civil liability. Refer to your student handbook for more information and to view the Social Media Policy at: <http://www.xavier.edu/nursing/current-students.cfm>

Professional Behavior

The success of this class depends on your being fully present for lecture, discussions, and small group work. While the discussions may bring up some uncomfortable topics all

discussions are to be held in a respectful manner and to be kept in confidence. Please refrain from distracting behaviors such as cell phone use, texting, or working on non-class material during class. Please refer to the Xavier University School of Nursing handbook for additional guidelines

***Dress:**

There may be times when you will be asked to wear Xavier uniform. When in simulation. Business casual is to be worn for ALL field trips.

Faculty

Barbara Harland has been full time clinical faculty at the Xavier University School of Nursing since August 2005. Ms. Harland teaches in both the undergraduate and graduate programs. Ms. Harland received her diploma in nursing from The Christ Hospital School of Nursing. She received her BSN from the College of Mt. St. Joseph. Ms. Harland earned her MSN and M.Ed. from Xavier University. She brings 30 years of nursing experience that includes medical surgical nursing, home care and hospice, staff development, and administration. Ms. Harland has successfully completed both sessions of the Multi-cultural Fluency Institute held at Xavier University. Ms. Harland is a member of the College of Professional Sciences Inter-professional Team Symposium planning committee. Ms. Harland has presented at multiple professional conferences including AHNA, AACN Clinical Nurse Leader Summit. Ms. Harland is an active member of Sigma Theta Tau International.

Caveat: Content and schedule of this course may change due to extenuating circumstances beyond the control of the professor and learning needs of the students.

NURS 469
 Death the Universal Experience
 *Class Schedule
 Spring 2018

Time/Room: Monday 4:00-6:30 Cohen 14

Class schedule*

DATE	TOPIC	Assignments/Learning Activities
Week 1 Jan 8	I. Introduction II. Historical Perspective Kubler-Ross	Course overview Introduction Historical Background Pick movie and cultural groups
Week 2 Jan 15	Holiday	Self- Awareness Final Gifts 1-60 www.nhpco.org Visit web site prior to class Chapter 1,5,6 <i>Grief Complicated and Traumatic</i> For next week class
Week 3 January 22	Grief and Loss Theories A. Bowlby, C. Engel, B. Lindeman, D. Park, T.Rondo, Middle Range Theory of Chronic Sorrow ((Eakes,Burke,Hainsworth)	http://www.caringinfo.org/index.cfm?page=243 Readings: Final Gifts 129-140 Group present theorist for class discussion as assigned
Week 4 January 29	Hospice & Palliative Care Media Presentations	Class discussion on Final Gifts Readings Group media analysis
Week 5 Feb 5	Suicide	Speakers: Active Minds Bring a research article to class for discussion regarding death by suicide.
Week 6 Feb 12	Bereavement Presentations	Students
Week 7 Feb 19	Speaker	TBA

Feb 26 Week 8	Clinical Application	Report of Death Policy Hamilton Coroner Laws
WEEK 9 March 5	Spring Break	No Class
Week 10 March 12	Self-Determination	Film Last Rites
Week 11 March 19	Telling His Story	Brad Fritz
Week 12 March 26	Art Museum	Field Trip* The tour will take place Sunday March 25 th There will be no class on March 26. Those students not attending on Sunday will have an additional assignment.
Week 13 April 2	Easter Break	No Class
Week 14 April 9	Cultural Presentations	
Week 15 April 16	Cultural Presentations	Student Presentations STUDENTS ARE EXPECTED TO ATTEND ALL PRESENTATIONS
Week 16 April 23 <hr/> Exam Week Submit Final Journal Happy Graduation!!	Funeral Home Tour	Gwen Mooney Funeral Home Spring Grove Cemetery

*Class schedule may be adjusted due to circumstances beyond control of the professor and speaker availability

**Should an event occur that results in the cancellation of class a discussion question will be posted on BB.