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2018

450-01-02 Mental Health Nursing

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Xavier University
College of Professional Science
NURS 450 – Mental Health Nursing
Fall Semester 2018

450-01 Monday: **1:00 pm - 1:50 pm** **Room Cohen 35**
450-02 Wednesday: **12:00 pm – 12:50 pm** **Room Cohen 34**

Faculty: Sections 01-02
Jennifer Bradley, Ph.D., RN, AHN-BC, ACC
Office phone: 513 745 1915
Email: bradleyj10@xavier.edu
Office hours: Monday 2-3 pm or by appointment
Wednesday 1 – 3 pm or by appointment

Course Number and Title: NURS 450 – Mental Health Nursing

Number of Credits: 1 Semester Credit Hour

Number of Theory Hours: 15 Theory Hours

Pre-requisites: Completion of all NURS 100, 200 and 300 level courses

Co-requisites: NURS 451

Course Description: The course will focus on facilitating holistic health outcomes in individuals experiencing psychiatric mental health-illness transitions. Focuses on evidence-based therapeutics utilized to assist individuals in achieving optimum mental health outcomes within a safe milieu.

Course Objectives	Essentials	Sample Content
1. Explore the various evidence-based therapeutic treatment modalities of individuals experiencing psychiatric mental health disorders	Essential IX: Baccalaureate Generalist Nursing Practice	Growth & development; management of acute and chronic mental health conditions; milieu therapy; patient advocacy; therapeutic communication; prioritization of patient care needs
2. Analyze moral, ethical, social and legal issues that influence the inter-professional care of adults with psychiatric mental disorders.	Essential VI: Interprofessional Communication and Collaboration for Improving Patient Health Outcomes	Interprofessional and intraprofessional communication, collaboration and socialization; relationship building; group dynamics;

		conflict management; negotiation
3. Evaluate the quality and effectiveness of nursing therapeutics and various collaborative treatments used to facilitate healthy outcomes for individuals with psychiatric mental disorders.	Essential II: Basic Organizational and Systems Leadership for Quality Care and Patient Safety	Negotiating, collaborating, coordinating; principles of interpersonal interactions/communications; healthcare systems; patient safety principles; teamwork skills, application to patient care teams
4. Discuss cultural and societal beliefs and values that affect the holistic care, treatment, and healthy outcomes of individuals with psychiatric mental disorders.	Essential VIII: Professionalism and Professional Values	Demonstrate professionalism; reflect on one's own beliefs & values; identify personal, professional & environmental risks that impact personal & professional choices & behaviors; Personal biases & impact of attitudes, values and expectations on the care of vulnerable populations
5. Demonstrate methods and techniques of therapeutic communication in developing therapeutic relationships with individuals experiencing psychiatric mental disorders within a safe milieu.	Essential VII: Clinical Prevention and Population Health	Systems theory; ethical, legal & economic principles related to prevention & population health; health behavior change theories; individual & population-focused intervention

Required Textbooks:

Townsend, M.C., Morgan, K. I. (2017). Essentials of Psychiatric Mental Health Nursing. F.A. Davis Company, Philadelphia, PA

Required Materials:

- ATI- RN Mental Health Nursing Edition 10.0, Content Master Series Review Module (2016)
- ATI – RN Real Life Mental Health 2.0 Scenarios
- ***Davis Edge*** (www.davisedge.com) will be used in this course. It is a **mandatory resource**; **Davis Edge** will be **part of your homework every week**. **You must complete (at a minimum) one 20 question quiz each week**. Please create an account and join my **Davis Edge** class by **August 23**).

To begin working in Davis Edge:

1. You will need an **access code** to create a **Davis Edge** account. An **access code** can be found on the inside cover of your **new** book.
2. You will need to join my class so that I can see your work. **My class ID is CFD06525B3**.

Teaching/Learning Strategies: Problem based learning, discussion, Real Life Scenarios (ATI), cooperative group work, Canvas activities, presentations and audiovisuals are some of the strategies that will be used to facilitate student learning.

This class will require 6 -9 hours of your time each week in order to cover the material and to prepare you for professional nursing practice and the Psych/Mental Health portion of NCLEX. Each section will meet one time a week for 50 minutes. Students are responsible for completing the textbook readings and voiceover PPTs before class each week. PPTs are available on Canvas. As we have only one 50 minute class meeting per week, you will benefit the most if you are prepared for class. Be ready to discuss the topic as noted in the course topical outline and calendar.

Participation: Participation makes the learning experience come alive, resulting in deeper learning. It is an expectation that the learner will attend to classmates' responses and will respectfully respond to classmates, guest speakers, and the professor during class and group discussion. **Students are expected to complete assigned reading from text and voiceover PPTs on Canvas before class. Students will be responsible for discussing the topic and responding to faculty questions in class.** Although participation is not accounted for in the final course grade, indicators of your participation will be noted and may influence borderline grades.

Attendance Policy: Reasonable attendance at all class meetings is expected. **If a student is unable to attend a class the responsibility of missed class content is the sole responsibility of the student. Should circumstances prevent a student from attending class, it is the responsibility of the student to inform the instructor prior to the class meeting.** Each student will need to sign-in to every class to verify attendance in the class; the sign-in sheet will be at the front of the classroom.

ATI RN Real Life Mental Health 2.0: Each student is required to complete the following Real Life Mental Health Scenarios: **Alcohol Use Disorder, Anxiety Disorder, Mood Disorder and Schizophrenia.** Due dates for successful completion of the scenarios are noted in Assignments on Canvas and on the Topical Outline and Calendar for the course. Each scenario is to be completed individually. Each ATI Real Life Mental Health 2.0 must be completed by the due date on the course outline/calendar. These dates will be noted on Canvas in Assignments. Failure to successfully complete each scenario during the time it is opened will result in a 0 for that assignment.

Canvas Exams: There will be a total of 5 on-line exams during the semester consisting of multiple choice NCLEX style questions. **Respondus needs to be installed and ready for use on your computer for each exam.** The first three exams will be scheduled for Thursday mornings during the semester. The fourth and fifth exam will be completed in class. **All five exams will be completed on the dates noted on the class calendar and will be monitored by faculty.** Failure to complete the exam during the scheduled time for your section will result in

being prohibited from taking the test unless prior arrangement with the faculty has been made. Any exceptions to the course calendar and exam dates must be authorized prior to the time of the exam. Make up exams will be given at the discretion of the professor member and may differ in structure from the exam given at the scheduled time. (80% of grade, each test is worth 16%)

ATI Mental Health Practice Exam: All students **are required** to take the ATI Mental Health Online Practice Exam B. **For students in 450-01 the exam will be given on 11/15 pending room availability. For students in 450-02 the exam will be given on 11/1 pending room availability.** (2% of grade)

ATI Proctored Assessment RN Mental Health: All students **are required** to take the ATI Proctored Assessment RN Mental Health Exam. The exam will be administered during finals week. See calendar for date and time of exam. (8% of grade) **PLEASE SEE ATI POLICY AND COMPLETE SIGNATURE PAGE AND RETURN SIGNED PAGE TO DR. BRADLEY ON FIRST DAY OF CLASS.**

Final Exam Schedule:

450-01	450-02
Wednesday 12/12	Monday, 12/10
12:00 – 1:50 pm	12:00 – 1:50 pm
Classroom	Classroom

All students are expected to be present at the scheduled test time (for in class exams and final exam). For any reason that the student is unable to take an exam on the scheduled date, it is the student's responsibility to notify the faculty **prior** to the scheduled exam period. **A make-up exam may be taken in the event that a student is ill; however, a physician's note is required.** The make-up exam will differ from the exam given at the scheduled time. **The University policy regarding academic honesty will be strictly enforced.**

Academic Honesty: As a student at Xavier University and a future member of the nursing profession, we expect that you will abide by honest, respectful, and ethical behavior. Any type of behavior other students will not be tolerated. See Xavier University 2004-2008 Catalog pages 54-55 for penalties attached to such behavior.

Class Etiquette:

- Attend all classes and be “present” – actively participate in class discussion
- Be on time
- **Cell phones are to be turned off and out of site during class**
- **DO NOT bring lap tops (may bring if intend to use ONLY for current class)**
- **Prepare for all classes – complete readings and voiceover PPTs before class**
- Notify the professor as needed for assistance in facilitating understanding of course content or any concerns/problems

Professional Behavior: Review the Professional Conduct Policy in the School of Nursing Undergraduate Student Handbook. Persistent tardiness, cell phone usage (including texting) and sleeping/dozing during class are also examples of unprofessional behaviors that will not be tolerated and will result in a student warning.

Social Media: Social media and the internet provide an important medium for sharing information and offers easily accessible methods for mass communication. Nursing students must be aware of the risks and consequences associated with social networking. On-line social networking (e.g. Facebook, MySpace, Twitter, blogs, etc) are open, publicly accessible sites. Unprofessional or unbecoming online behavior undermines not only the nursing student's reputation, but may also have negative implications for Xavier University, and the profession of nursing. Certain violations in the use of social media may expose the offender to criminal and civil liability. Refer to your student handbook for more information and to view the Social Media Policy. <http://www.xavier.edu/nursing/current-students.cfm>

Office of Academic Support: The Office of Academic Support offers tutoring, Supplemental Instruction (SI), and study groups. For information about these services, contact Stephanie Daniels at 745-3214 or danielss3@xavier.edu. The OAS is located on the fifth floor of the Conaton Learning Commons, Suite 514.

Students with Disabilities: Qualified students with disabilities who will require disability accommodations in this class are encouraged to make their requests to me by sharing their Accommodation Letters with me at the beginning of the semester either during office hours or by appointment. Disability related information is confidential. If you have not previously contacted Disability Services, I encourage you to do so by phone at 513-745-3280, in person on the Fifth Floor of the Conaton Learning Commons, Room 514, or via e-mail to Cassandra Jones at jonesc20@xavier.edu to coordinate reasonable accommodations as soon as possible as accommodations are not retroactive.

Methods of Evaluation:

ATI Real Life Mental Health Scenarios	(4 x 2.5%)	10%
Exam #1		16%
Exam #2		16%
Exam #3		16%
Exam #4		16%
Exam #5		16%
ATI Mental Health Practice Exam		2%
ATI Proctored Exam		8%
Total:		100%

Grading Scale:

A	94-100
A-	90-93
B+	87-89
B	84-86
B-	80-83
C+	77-79
C	75-76
C-	70-74 Non-passing grade
D+	67-69 Non-passing grade
D	64-66 Non-passing grade
F	< 64 Non-passing grade

*All students are required to achieve an average score of 75% or greater in order to pass the course.

*Grade will be rounded to the nearest whole number from the hundredth's position of the decimal.

***Grades will be rounded to the nearest whole number from the hundredth's position of the decimal. All final grades will be rounded up to next whole number if equal or greater than 0.5 and grade is 75% or over.**

Caveat: Dates and class topics and/or guest speakers are subject to change.

Faculty: Dr. Bradley earned her BSN from Mount St. Joseph University, her MSN from the University of Cincinnati, College of Nursing and her doctoral degree in Interdisciplinary Studies with a major in clinical psychology from the Union Institute and University in 2006. Her research and area of interest is in promoting the health and well-being of nurses caring for others. Her current research interest is in the development of nurse managers and leaders through professional coaching engagements. She has many years of clinical practice as a registered nurse in various clinical settings. She began her career in pediatrics at Shriners' Burns Institute and has continued learning and gaining experience in various settings with pediatric clients and their families. She has been a board member of a private IRB and has had a private practice in clinical psychology. She is a certified professional coach and continues to work with clients in her practice. She is a member of Omicron Omicron Chapter of Sigma Theta Tau International.

XAVIER UNIVERSITY
COLLEGE OF PROFESSIONAL SCIENCES
SCHOOL OF NURSING
NURS 450-01-02
MONDAY Class Meetings
CONTENT: UNDERSTANDING MENTAL ILLNESSES

Jennifer Bradley, Ph.D., RN, AHN-BC, ACC
Fall 2018

Date	Mental Health Concepts	Course Content	Medications Addressed & Class Activities	Reading Assignment and Activities
WK 1 8/20	<ul style="list-style-type: none"> A. Orientation to the course B. Psychiatric-Mental Health Nursing C. Legal, Ethical, & Cultural Considerations 	<p>Foundations for Mental Health Nursing Principles of Psychiatric Nursing Theory & Practice</p> <ol style="list-style-type: none"> 1. Mental Health & Mental Illness 2. DSM-V 3. Legal & Ethical Aspects in Clinical Practice 4. ECT 5. TMS 	<ul style="list-style-type: none"> • Review medications used for ECT 	<ul style="list-style-type: none"> • Townsend: Chapters 1 – pgs 2-9 (Stop at Grief) • Townsend: Chapter 3 – all of it • Townsend: Chapter 5 – This is likely a review for you. Review pgs 94-97 (Stop at top of 97; pgs 109-115) • Townsend Appendix F – pgs 832-849 (DSM-V information) • Townsend - pages 405-407 (ECT and TMS) • ATI – Chapters 1, 2, 4, 10 & 31
WK 2 8/27	<ul style="list-style-type: none"> A. Neurobiologic Theories B. Psychopharmacology 	<p>Neurobiologic Theories</p> <ol style="list-style-type: none"> 1. Nervous system 2. Neurobiologic Causes of Mental Illness 3. Nurse’s Role 4. Psychopharmacology 	<p>Overview/introduction</p> <ul style="list-style-type: none"> • SSRIs • Tricyclic Antidepressants • MAO inhibitors • Antipsychotics 	<ul style="list-style-type: none"> • Townsend: Chapters 2 - all of it • Townsend: Chapter 4 – all of it • ATI – Chapters 21, 22, 23, 24, 25, 26

9/3	Labor Day	No Class		
9/6	Exam 1 Bring computer to class with battery fully charged Room/location TBA			
WK 3 9/10	A. Relationship development B. Nursing Process in Psychiatric Mental Health Nursing C. Milieu Therapy – The Therapeutic Community	Therapeutic Alliance 1. Therapeutic Communication 2. Assessment and Nursing Process 3. Milieu Therapy		<ul style="list-style-type: none"> • Townsend: Chapters 6 – all of it • Townsend: Chapter 7 pgs. 146-158 (Stop at Nursing Case Management); pgs 159 (Applying the Nursing Process in the Psychiatric Setting) - 167 • Townsend: Chapter 8 – All of it • ATI Chapters 3 and 5
WK 4 9/17	A. Therapeutic Interventions B. Intervention in Groups C. Crisis Intervention	Therapeutic Interventions A. Therapeutic Interventions B. Group C. Crisis		<ul style="list-style-type: none"> • Townsend: Chapters 9 – all of it • Townsend: Chapter 10 – pgs. 193-205 (Stop at Disaster Nursing) • ATI Chapters 7, 8, 29
WK 5 9/24	A. Suicide Prevention B. Grief and Loss	Suicide Prevention and Grief and Loss A. Suicide Prevention B. Grieving Process		<ul style="list-style-type: none"> • Townsend: Chapter 12 – pgs. 228-229 (skip Historical Perspectives); 229 – 243 (skip Sociological Theory) • Townsend: Chapter 28: pgs. 756-765 (Stop at Background Assessment Data: Concepts of Death); read pgs. 767 – Nursing Diagnoses and Outcome Identification to top of pg 770 • ATI Chapters 30 and 27
9/27	Exam 2 Bring computer with fully charged battery Room/location TBA			
WK 6 10/1	Alterations in Thinking Behavior and Perception	Care of Clients with Psychiatric Disorder A. Schizophrenia	Examples of meds that will be covered: • Chlorpromazine	<ul style="list-style-type: none"> • Townsend: Chapter 15 – all of it • ATI Chapter 15

		<ol style="list-style-type: none"> 1. Signs & Symptoms 2. DSM-V Diagnoses 3. Pharmacotherapeutic Treatment of Schizophrenia 4. Neuroleptic Malignant Syndrome (NMS) 	<ul style="list-style-type: none"> • Haloperidol • Fluphenzine • Loxapine • Thiothixene (Navane) • Clozapine (Clozaril) • Olanzapine (Zyprexa) • Paliperidone (Invega) • Quetiapine (Seroquel) • Risperidone (Risperdal) • Ziprasidone (Geodon) 	<ul style="list-style-type: none"> • <u>ATI RN Real Life Mental Health 2.0 Schizophrenia: Due on 10/07/2018</u>
WK 7 10/8	Alterations in Mood & Mood Disorders	Care of Clients with Psychiatric Disorders <ol style="list-style-type: none"> A. Depression <ol style="list-style-type: none"> 1. Signs & Symptoms 2. DSM V Diagnoses 3. Suicide Precaution B. Bipolar Disorder <ol style="list-style-type: none"> 1. Signs & Symptoms 2. DSM V Diagnoses 	<ul style="list-style-type: none"> • Tricyclics: • Amitriptyline • Clomipramine • Desipramine • Imiprimine • Nortriptyline • SSRIs: • Citalopram • Escitalopram • Fluoxetine • Paroxetine • Sertraline • MAOIs: • Isocarboxazid • Phenelzine • Tranlycypromine • SNRIs: • Desvenlafaxine • Duloxetine 	<ul style="list-style-type: none"> • Townsend: Chapter 16 – (chart on p. 409) • Townsend: Chapter 17 – (chart on pages 435-438) • ATI Chapters 13 and 14

			<ul style="list-style-type: none"> • Venlafaxine 	
WK 8 10/15	Alterations in Mood & Mood Disorders	Care of Clients with Psychiatric Disorders <ol style="list-style-type: none"> 1. Pharmacotherapeutic Treatment of Mood Disorder 2. Serotonin Syndrome 	<ul style="list-style-type: none"> • Antimanic: • Lithium carbonate • Anticonvulsants: • Carbamazepine • Clonazepam • Valproic acid • Lamotrigine • Gabapentin • Topiramate • Oxcarbazine • Calcium Chanel Blocker: • Verapamil • Antipsychotics: • Olanzapine • Aripiprazole • Lurasidone • Chlorpromazine • Quetiapine • Risperdone • Ziprasidone • Asenapine 	<ul style="list-style-type: none"> • Townsend: Chapters 16 and 17 • ATI Chapters 22 and 23 • <u>ATI RN Real Life Mental Health 2.0 Mood Disorder: Due on 10/21/2018</u>
10/18	EXAM 3 - Room/location TBA. Bring your computer with battery fully charged			
WK9 10/22	Alteration in Coping	Care of Clients with Psychiatric Disorders <ol style="list-style-type: none"> A. Care of the Client with Anxiety & Related Disorders <ol style="list-style-type: none"> 1. Panic Disorder 2. Generalized Anxiety Disorder 3. Social Anxiety Disorder (Social Phobia) 	<ul style="list-style-type: none"> • Benzodiazepines • Alprazolam • Chlordiazepoxide • Clonazepam • Clorazepate • Diazepam • Lorazepam • Oxazepam • Midozolam 	<ul style="list-style-type: none"> • Townsend: Chapter 18 • ATI Chapters 11 and 21

		<ul style="list-style-type: none"> 4. Specific Phobia 5. Obsessive-Compulsive Disorder 6. Body Dysmorphic Disorder 7. Trichotillomania 	<ul style="list-style-type: none"> • Carbamate derivative • Meprobamate • Azaspirodecanedione • Buspirone 	
WK10 10/29	Alteration in Coping Mechanism	Care of Clients with Psychiatric Disorders <ul style="list-style-type: none"> A. Trauma & Stressor related Disorders <ul style="list-style-type: none"> 1. PTSD 2. Adjustment Disorder 3. Pharmacotherapeutic Management of Anxiety, Trauma, & Stressor Related 	<ul style="list-style-type: none"> • SSRI's • Paroxetine • Sertraline • Tricyclics • Amitriptyline • Imipramine • MAOI • Phenylzine • Trazedone • Anxiolytics • Alprazolam • Antihypertensives • Propranolol • Carbamazepine • Valproic Acid • Lithium carbonate 	<ul style="list-style-type: none"> • Townsend: Chapter 19 • ATI Chapters 12 and 21 • <u><i>ATI RN Real Life Mental Health 2.0 Anxiety Disorder: Due on 10/30/2018</i></u>
WK11 11/5	Alteration in Behaviors	Care of Clients with Psychiatric Disorders <ul style="list-style-type: none"> A. Personality Disorders <ul style="list-style-type: none"> 1. Cluster A 2. Cluster B Cluster C 	<ul style="list-style-type: none"> • Medications that target client symptoms 	<ul style="list-style-type: none"> • Townsend: Chapter 23 • ATI Chapter 16
WK12 11/12	EXAM 4 in class. Bring your computer with battery fully charged.			
11/15	ATI Proctored Assessment- Room/location TBA. Bring your computer with battery fully charged			
WK13 11/19	Alterations in Psycho-physiological processes	Care of Clients with Psychiatric Disorders		<ul style="list-style-type: none"> • Townsend: Chapter 20

		<p>A. Care of Client with Somatic Symptoms 7 Dissociative Disorder</p> <ol style="list-style-type: none"> 1. Somatic Symptom Disorder 2. Illness Anxiety Disorder 3. Conversion Disorder 4. Factitious Disorder 		<ul style="list-style-type: none"> • ATI Chapter 20
<p>WK14 11/26</p>	<p>Substance-Related Disorders</p> <p>Eating Disorders</p>	<p>Care of Clients with Psychiatric Disorders</p> <p>A. Care of Client with Substance related Disorders</p> <ol style="list-style-type: none"> 1. Alcohol 2. Sedatives, hypnotics & anxiolytics 3. Stimulants 4. Cannabis 5. Opioids 6. Hallucinogens 7. Inhalants <p>Care of Clients with Eating Disorders</p> <ol style="list-style-type: none"> 1. Anorexia 2. Bulimia Nervosa 	<ul style="list-style-type: none"> • Disulfiram • Naltrexone • Acamprosate • Additional meds are noted on PPT for this week • For eating disorders: • Fluoxetine • Imipramine • Desipramine • Amitriptyline • Nortriptyline • Phenazine 	<ul style="list-style-type: none"> • Townsend: Chapters 14 • Townsend: Chapter 22 • ATI Chapters 18, 19, 26 • <u><i>ATI RN Real Life Mental Health 2.0 Alcohol Use Disorder: Due on 12/01/2018</i></u>
<p>WK15 12/3</p>	<p>EXAM 5 – In Class</p>			
<p>450-01 Final Exam Wednesday, 12/12 at 12 noon – 1:50 pm in Classroom</p> <p>450-02 Final Exam Monday, 12/10 at 12 noon – 1:50 pm in Classroom</p>				

XAVIER UNIVERSITY
COLLEGE OF PROFESSIONAL SCIENCES
SCHOOL OF NURSING
NURS 450-01-02
WEDNESDAY Class Meetings
CONTENT: UNDERSTANDING MENTAL ILLNESSES

Jennifer Bradley, Ph.D., RN, AHN-BC, ACC
Fall 2018

Date	Mental Health Concepts	Course Content	Medications Addressed & Class Activities	Reading Assignment and Activities
WK 1 8/22	<ul style="list-style-type: none"> A. Orientation to the course B. Psychiatric-Mental Health Nursing C. Legal, Ethical, & Cultural Considerations 	<p>Foundations for Mental Health Nursing Principles of Psychiatric Nursing Theory & Practice</p> <ol style="list-style-type: none"> 1. Mental Health & Mental Illness 2. DSM-V 3. Legal & Ethical Aspects in Clinical Practice 4. ECT 5. TMS 	<ul style="list-style-type: none"> • Review medications used for ECT 	<ul style="list-style-type: none"> • Townsend: Chapters 1 – pgs 2-9 (Stop at Grief) • Townsend: Chapter 3 – all of it • Townsend: Chapter 5 – This is likely a review for you. Review pgs 94-97 (Stop at top of 97; pgs 109-115) • Townsend Appendix F – pgs 832-849 (DSM-V information) • Townsend - pages 405-407 (ECT and TMS) • ATI – Chapters 1, 2, 4, 10 & 31
WK 2 8/29	<ul style="list-style-type: none"> A. Neurobiologic Theories B. Psychopharmacology 	<p>Neurobiologic Theories</p> <ol style="list-style-type: none"> 1. Nervous system 2. Neurobiologic Causes of Mental Illness 3. Nurse’s Role 4. Psychopharmacology 	<p>Overview/introduction</p> <ul style="list-style-type: none"> • SSRIs • Tricyclic Antidepressants • MAO inhibitors • Antipsychotics 	<ul style="list-style-type: none"> • Townsend: Chapters 2 - all of it • Townsend: Chapter 4 – all of it • ATI – Chapters 21, 22, 23, 24, 25, 26

WK 3 9/5	<ul style="list-style-type: none"> A. Relationship development B. Nursing Process in Psychiatric Mental Health Nursing C. Milieu Therapy – The Therapeutic Community 	Therapeutic Alliance <ul style="list-style-type: none"> 1. Therapeutic Communication 2. Assessment and Nursing Process 3. Milieu Therapy 		<ul style="list-style-type: none"> • Townsend: Chapters 6 – all of it • Townsend: Chapter 7 pgs. 146-158 (Stop at Nursing Case Management); pgs 159 (Applying the Nursing Process in the Psychiatric Setting) - 167 • Townsend: Chapter 8 – All of it • ATI Chapters 3 and 5
9/6	EXAM 1 – Bring computer with battery fully charged – Room TBA Exam will cover material from Weeks 1 and 2			
WK 4 9/12	<ul style="list-style-type: none"> A. Therapeutic Interventions B. Intervention in Groups C. Crisis Intervention 	Therapeutic Interventions <ul style="list-style-type: none"> A. Therapeutic Interventions B. Group C. Crisis 		<ul style="list-style-type: none"> • Townsend: Chapters 9 – all of it • Townsend: Chapter 10 – pgs. 193-205 (Stop at Disaster Nursing) • ATI Chapters 7, 8, 29
WK 5 9/19	<ul style="list-style-type: none"> A. Suicide Prevention B. Grief and Loss 	Suicide Prevention and Grief and Loss <ul style="list-style-type: none"> A. Suicide Prevention B. Grieving Process 		<ul style="list-style-type: none"> • Townsend: Chapter 12 – pgs. 228-229 (skip Historical Perspectives); 229 – 243 (skip Sociological Theory) • Townsend: Chapter 28: pgs. 756-765 (Stop at Background Assessment Data: Concepts of Death); read pgs. 767 – Nursing Diagnoses and Outcome Identification to top of pg 770 • ATI Chapters 30 and 27
WK 6 9/26	Alterations in Thinking Behavior and Perception	Care of Clients with Psychiatric Disorder <ul style="list-style-type: none"> A. Schizophrenia <ul style="list-style-type: none"> 1. Signs & Symptoms 	Examples of meds that will be covered: <ul style="list-style-type: none"> • Chlorpromazine • Haloperidol • Fluphenzine 	<ul style="list-style-type: none"> • Townsend: Chapter 15 • ATI Chapter 15

		<ol style="list-style-type: none"> 2. DSM-V Diagnoses 3. Pharmacotherapeutic Treatment of Schizophrenia 4. Neuroleptic Malignant Syndrome (NMS) 	<ul style="list-style-type: none"> • Loxapine • Thiothixene (Navane) • Clozapine (Clozaril) • Olanzapine (Zyprexa) • Paliperidone (Invega) • Quetiapine (Seroquel) • Risperidone (Risperdal) • Ziprasidone (Geodon) 	<ul style="list-style-type: none"> • ATI RN Real Life Mental Health 2.0 Schizophrenia: Due on 10/02/2018
9/27	EXAM 2 - Bring computer with battery fully charged – Room TBA. Exam will cover material from Weeks 3, 4 and 5			
WK 7 10/3	Alterations in Mood & Mood Disorders	Care of Clients with Psychiatric Disorders <ol style="list-style-type: none"> A. Depression <ol style="list-style-type: none"> 1. Signs & Symptoms 2. DSM V Diagnoses 3. Suicide Precaution B. Bipolar Disorder <ol style="list-style-type: none"> 1. Signs & Symptoms 2. DSM V Diagnoses 	<ul style="list-style-type: none"> • Tricyclics: • Amitriptyline • Clomipramine • Desipramine • Imiprimine • Nortriptyline SSRIs: • Citalopram • Escitalopram • Fluoxetine • Paroxetine • Sertraline • MAOIs: • Isocarboxazid • Phenelzine • Tranlycypromine SNRIs: • Desvenlafaxine • Duloxetine • Venlafaxine 	<ul style="list-style-type: none"> • Townsend: Chapter 16 – (chart on p. 409) • Townsend: Chapter 17 - (chart on pages 435-438) • ATI Chapters 13 and 14

<p>WK 8 10/10</p>	<p>Alterations in Mood & Mood Disorders</p>	<p>Care of Clients with Psychiatric Disorders</p> <ol style="list-style-type: none"> 1. Pharmacotherapeutic Treatment of Mood Disorder 2. Serotonin Syndrome 	<ul style="list-style-type: none"> • Antimanic: • Lithium carbonate • Anticonvulsants: • Carbamazepine • Clonazepam • Valproic acid • Lamotrigine • Gabapentin • Topiramate • Oxcarbazine • Calcium Chanel Blocker: • Verapamil • Antipsychotics: • Olanzapine • Aripiprazole • Lurasidone • Chlorpromazine • Quetiapine • Risperdone • Ziprasidone • Asenapine 	<ul style="list-style-type: none"> • Townsend: Chapters 16 and 17 • ATI Chapters 22 and 23 • <i>ATI RN Real Life Mental Health 2.0 Mood Disorder: Due on 10/16/2018</i>
<p>WK 9 10/17</p>	<p>Alteration in Coping</p>	<p>Care of Clients with Psychiatric Disorders</p> <ol style="list-style-type: none"> A. Care of the Client with Anxiety & Related Disorders <ol style="list-style-type: none"> 1. Panic Disorder 2. Generalized Anxiety Disorder 3. Social Anxiety Disorder (Social Phobia) 4. Specific Phobia 	<ul style="list-style-type: none"> • Benzodiazepines • Alprazolam • Chlordiazepoxide • Clonazepam • Clorazepate • Diazepam • Lorazepam • Oxazepam • Midozolam • Carbamate derivative • Meprobamate • Azapirodecanedione 	<ul style="list-style-type: none"> • Townsend: Chapter 18 • ATI Chapters 11 and 21

		<ul style="list-style-type: none"> 5. Obsessive-Compulsive Disorder 6. Body Dysmorphic Disorder 7. Trichotillomania 	<ul style="list-style-type: none"> • Buspirone 	
10/18	EXAM 3 - Bring computer with battery fully charged – Room TBA Exam will cover material from Weeks 6, 7 and 8			
WK10 10/24	Alteration in Coping Mechanism	Care of Clients with Psychiatric Disorders <ul style="list-style-type: none"> A. Trauma & Stressor related Disorders <ul style="list-style-type: none"> 1. PTSD 2. Adjustment Disorder 3. Pharmacotherapeutic Management of Anxiety, Trauma, & Stressor Related 	<ul style="list-style-type: none"> • SSRIs • Paroxetine • Sertraline • Tricyclics • Amitriptyline • Imipramine • MAOI • Phenylzine • Trazedone • Anxiolytics • Alprazolam • Antihypertensives • Propranolol • Carbamazepine • Valproic Acid • Lithium carbonate 	<ul style="list-style-type: none"> • Townsend: Chapter 19 • ATI Chapters 12 and 21 • <i>ATI RN Real Life Mental Health 2.0 Anxiety Disorder: Due on 10/30/2018</i>
WK11 10/31	Alteration in Behaviors	Care of Clients with Psychiatric Disorders <ul style="list-style-type: none"> A. Personality Disorders <ul style="list-style-type: none"> 1. Cluster A 2. Cluster B Cluster C 	<ul style="list-style-type: none"> • Medications that target client symptoms 	<ul style="list-style-type: none"> • Townsend: Chapter 23 • ATI Chapter 16
11/1	ATI Proctored Assessment - Room location TBA. Bring your computer with battery fully charged.			
WK12 11/7	EXAM 4 – in class Bring computer with battery fully charged. Exam will cover Weeks 9, 10 and 11			
WK13 11/14	Alterations in Psycho-physiological processes	Care of Clients with Psychiatric Disorders	•	• Townsend: Chapter 20

