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132-01 Health and Culture

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Xavier University
 College of Professional Sciences
 School of Nursing
 Spring 2017

COURSE NUMBER: NURS 132-01
 COURSE TITLE: Health and Culture
 CREDIT HOURS: 3 SEMESTER HOURS (45 contact hours)

PRE-REQUISITES: None
 CO-REQUISITES: None

FACULTY: Candace Fischer, MSN, RN
 OFFICE: Cohen Room 112
 Office Hours: Monday and Wednesday 10 a.m. – 12 p.m.
 Phone: 745-3857
 E-MAIL: fischerc3@xavier.edu Emails will be returned within 24 hours during business hours (9 a.m. to 5 p.m., Monday through Friday)

COURSE TIMES: 1:00-2:15 M/W
 LOCATION: Cohen 14

Course Description: Focuses on culture, cultural diversity, and holistic culturally sensitive care as it relates to the universal properties of transition and health. Culture as it impacts health and magico-religious traditions are explored related to health-wellness-disease-illness and the psycho-physiology of body, mind and spirit. The student will begin to develop self-awareness and sensitivity toward others. Issues related to diversity will be discussed. Approved substitute for UNST 100. Approved for the Diversity flag.

Course objectives	BSN Essentials
1. Explore foundational constructs of culture (communication, space, time, social organization, environmental control, and biological variations) as a means to introduce culturally sensitive holistic delivery of nursing care.	Essential I: Liberal Education for Baccalaureate Generalist Nursing Practice Essential II: Basic Organizational and Systems Leadership for Quality Care and Patient Safety Essential III: Scholarship for evidence based practice Essential IV: Information management and application of patient care technology Essential VI: Interprofessional communication and collaboration for improving patient health outcomes Essential VIII: Professionalism and professional values Essential IX: Baccalaureate generalist nursing practice

<p>2. Discuss social justice as a philosophical pillar of ethical inter professional practice.</p>	<p>Essential I: Liberal Education for Baccalaureate Generalist Nursing Practice Essential V: Health care policy, finance, and regulatory environments Essential VIII: Professionalism and professional values</p>
<p>3. Develop an awareness of cultural and spiritual practices as they relate to health transitions.</p>	<p>Essential III: Scholarship for evidence based practice Essential VIII: Professionalism and professional values Essential IX: Baccalaureate generalist nursing practice</p>
<p>4. Discuss cultural barriers leading to disparities in the health, and health care delivery to clients-individuals, aggregates, and populations.</p>	<p>Essential I: Liberal Education for Baccalaureate Generalist Nursing Practice Essential III: Scholarship for evidence based practice Essential V: Health care policy, finance, and regulatory environments Essential VI: Interprofessional communication and collaboration for improving patient health outcomes Essential VII: Clinical prevention and population health Essential VIII: Professionalism and professional values Essential IX: Baccalaureate generalist nursing practice</p>
<p>5. Develop an awareness of own and others ethnic and cultural background</p>	<p>Essential VIII: Professionalism and professional values</p>
<p>6. Reflect how the student’s ethnic and cultural background affects perceptions of and interactions with clients and members of the inter professional health care team.</p>	<p>Essential II: Basic Organizational and Systems Leadership for Quality Care and Patient Safety Essential VI: Interprofessional communication and collaboration for improving patient health outcomes Essential VIII: Professionalism and professional values Essential IX: Baccalaureate generalist nursing practice</p>
<p>7. Recognize that cultural competency is an ongoing professional commitment to the culturally unique client.</p>	<p>Essential VI: Interprofessional communication and collaboration for improving patient health outcomes Essential VIII: Professionalism and professional values Essential IX: Baccalaureate generalist nursing practice</p>

Core flag diversity: (<http://www.xavier.edu/core/facstaff/fs-diversity-curriculum.cfm>)

“This course is part of the Xavier Core Curriculum, which aims to develop people of learning and reflection, integrity and achievement, in solidarity for and with others. It addresses the following core learning objectives at the introductory level:

4a: Students describe and examine the multifaceted character of society and how the inclusion of different perspectives can influence one’s worldview.”

In addition to Xavier core learning objectives, this course includes these other key learning objectives:

"Students demonstrate an understanding of and provide examples of how complex social locations shape the life chances of diverse groups of people across the globe."

Teaching and learning strategies:

- Simulation lab
- On-line tutorials
- Lecture/discussion (including discussion board)
- Practice Scenarios
- Exams/Scholarly Papers
- Guest Presenters
- Videos/Films
- Reflection journals

Grading Criteria:

- Heritage Assessment 3%
- Cultural Encounter Presentation and Reflection 3%
- Disparity Topic Paper 7 %
- Presentation of a Selected Co-Culture 15%
- Reflection journals (4 @ 0.5% each) 2%
- Quizzes (5 @ 1% each) 5%
- Tests (2 @ 20% each) 40%
- Final Exam 25%

*Please see rubrics in Canvas for a full explanation of each assignment.

*Please see schedule at the end of this syllabus for due dates for assignments

Assignments and Grading Criteria:

Written Assignments:

Out of classroom assignments must be typed, double spaced and appropriately referenced.

All written assignments must follow the APA 6th edition format unless otherwise indicated.

Punctuality of Assignments: Ten points per day will be deducted for late assignments.

NO exceptions will be made. No partial credit will be granted. If you are experiencing difficulty in completing your assignment please contact the faculty **PRIOR** to the due date. Arrangements

can then be made for late submittal without reduction of points. There are multiple sections of this course. While the course objectives are the same course timing will not be. Should you have questions about assignments please contact me directly.

Grading Scale: Students must obtain a minimum of a C or greater for a passing grade in nursing courses; a C- is **not** a passing grade in nursing courses.

94-100	A
90-93	A-
87-89	B+
84-86	B
80-83	B-
77-79	C+
75-76	C
70-74	C-
67-69	D+
64-66	D
60-63	D-
Below 60	F

Grades will be rounded up to the nearest whole number. (Example 92.5 will be rounded up to 93, 92.4 will be rounded to 92.)

Textbook Required:

Giger, J. (2013) Transcultural Nursing: Assessment and Intervention (6th edition) St. Louis, MO: Mosby.

Other Readings: Selected Web sites; book chapters/journal articles as assigned.

ATTENDANCE & CLASS PARTICIPATION:

The use of cell phones, texting, sleeping, or disruptive behavior will not be tolerated in the classroom. **Cell phones are to be silenced and put away during class.** Texting during class will be considered a violation of the professional behavior policy and may result in a written student warning. Laptops or other electronic devices may be used to record notes or research class related materials as instructed by the professor. All other uses will be considered a violation of the professional behavior policy.

Excessive absences and tardiness will also be treated as unprofessional behavior. Your attendance at the scheduled time for all examinations/presentations is expected unless there are extenuating circumstances. The type, length and place of all make-up tests will be at the discretion of the professor.

Careful reading of assignments (preparedness) and participation are essential for your own comprehension of the material. Students should enter into all discussions since every view is important to the learning of the group as a whole. There will be times during discussions that you may not agree with your faculty or peers. All discussion is encouraged and shall be conducted in

a respectful and confidential manner. Collaborative educational activities are designed to promote an environment that supports a community of learning. This includes fulfilling your obligations to your group when doing group projects.

Please refer to these Online Xavier policies for further clarification:

<http://www.xavier.edu/deanofstudents/documents/studenthandbook.pdf>


<http://www.xavier.edu/nursing/current-students.cfm>


Plagiarism


This is considered a serious violation by both Xavier University and the School of Nursing. Please refer to the Xavier Student Handbook and The School of Nursing Handbook

Cancellation of class:

In the event that class is cancelled for any reason, alternative assignments will be posted and submitted via Canvas. The alternative assignments will be due by the beginning of the next scheduled class time unless otherwise noted.

DATE	TOPIC	Assignments/Learning Activities
January 9 th	Introductions/course syllabus Defining Health, Culture, and Diversity	
January 11 th	Transcultural assessment model/ Madeleine Leininger/David Hizaar	Read chapter one in Giger Complete on-line quiz #1. Journal #1 due
January 16 th 	Martin Luther King Day	Heritage Assessment due by start of class on 1/18/2017
January 18 th	Communication & Interprofessional relationships	Read chapter 2 in Giger
January 23 rd	Space	Read chapter 3 in Giger
January 25 th	Time	Read chapter 5 in Giger
January 30 th	Test #1	
February 1 st	Student presentations: Cultural Encounters	Cultural Encounter reflection due Student presentations
February 6 th	Student presentations: Cultural Encounters	Student presentations
February 8 th	Guest speaker: Marilyn Gomez	

February 13th	Guest Speaker – Jackie Clippinger	
February 15 th	Social organization---family	Complete on-line quiz #2 Read chapter 4 in Giger
February 20 th	Cultural simulation experience	
February 22 nd	Cultural simulation experience	
February 27th	Social organization and impact of religious beliefs on health care	Simulation reflection Journal # 2 due 2/27
March 1st	Biological variations	Read chapter 7 in Giger Complete on-line quiz #3
March 6 th - 10 th		No Class
March 13th	Disparities in Health Care	
March 15 th	Disparities in Health Care: homeless population	
March 20th	Disparities in Health Care	Disparity reflection journal #3 due
March 22 nd	Test #2 (Social organizations through disparities)	
March 27 th	Gender & Power Prejudice and stereotyping	Disparity Paper due Complete on-line quiz #4.
March 29 st	Health Policy/Healthy People 2020	
April 3 rd	Population Health	
April 5 th	Cultural groups: Asian/Africa	Complete on-line quiz #5 All power points due for the co-cultural presentations. Read chapter 17
April 10 th	Speaker – May Lee Moua-Vue	
April 12 th	Co-cultures	Student presentation: Navajo culture Student presentation: African American culture

April 17 th Last day of Easter break		No Class
April 19 ^{stth}	Co-cultures	Student presentation: Appalachian culture Student presentation: Russian culture
April 24 th	Co-cultures	Student presentation: Jewish culture Student presentation: Mexican culture
April 26 th	Co-cultures	Student presentation: Asian culture Journal #4 due
May 3 rd	Tentative 12:00 – 1:50	Final Exam

Caveat:

The schedule and assignments in this course are subject to change in the event of extenuating circumstances.

Faculty:

I have been an RN for over 30 years. My experience is in Special Care Nursery (Level 2), Mother Baby, and as an independent contractor working with and teaching couples about the laboring process. I graduated from The Christ Hospital School of Nursing and recently obtained my MSN from Xavier University. I am a member of Sigma Theta Tau. My passion is teaching nursing principles/concepts whether it be to the community or academic environment. I am honored to be a part of the journey of the students becoming a caring and competent nurse.