

2013

## 224-03 Nursing Therapeutics I

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### Recommended Citation

King, Margaret, "224-03 Nursing Therapeutics I" (2013). *Nursing Syllabi Fall 2013*. 26.  
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XAVIER UNIVERSITY  
COLLEGE OF SOCIAL SCIENCES, HEALTH, AND EDUCATION

SCHOOL OF NURSING

FALL 2013

<b>Course Number and Title:</b>	NURS 224-03 Nursing Therapeutics I
<b>Number of Credits:</b>	4 (4 contact hours/week)
<b>Pre and CO Requisites:</b>	Pre: 100 Level nursing courses and BIOL 140 to 143 Co: NURS 225

**Course Description:**

This course introduces theoretical frameworks for the holistic assessment of patients experiencing developmental transitions. Major components for holistic assessment including physical, psychological, and spiritual development across the life span are discussed with an emphasis on the adult. Life style patterns and habits that maintain healthy living are explored. Components of the therapeutic relationship as they relate to the holistic assessment process are introduced. Therapeutic and interprofessional communication processes are analyzed. Emphasis on the patient and family as an active partner in the healing process and attentiveness to one's spirit is examined as critical components of the healing interaction. The role of transpersonal human caring and healing is emphasized with therapeutic relationships.

**Course Objectives**

1. Examine key communication skills for interviewing patients and families.
2. Analyze communication processes used with interprofessional teams necessary to deliver safe patient care.
3. Employ the use of the nursing process.
4. Explore the major components associated with the assessment of the totality of the human being.
5. Analyze the mutuality between nurse and patient as an active partner in healing process.
6. Explore the six dimensions of patient and family centered care.

**Time/Location:** Section 03 M & W 11:00-12:50, Cohen 187

**Faculty** Margaret O'Brien King, PhD, RNBC, A-HNBC, CNL  
127 Cohen, 745-1019  
e-mail, kingm@xavier.edu  
Office Hours: By appointment

My door is open. I enjoy talking and working with students. If you have questions that we did not answer in class, or if you want to explore an idea, come by. If I am not in my office, leave a note either on my door, phone, or e-mail; I will get back to you. Please give me 24 hours to respond to your phone or e-mail during the school week and the weekend if you leave a message beginning Friday afternoon. Most of the time, I will get back to you within a few hours.

**Required Text:**

**Kozier & Erb.** Fundamentals of Nursing. 9th. Edition, Columbus, Pearson

**Recommended Text:**

Nugent, P.N., Vitale, B. A. (2008). *Fundamentals success* (2<sup>nd</sup> ed). Philadelphia, PA: F.A. Davis Company

All nursing texts from 100 level courses and texts from NURS 225.

**Educational Philosophy:**

All students in the type of classroom we strive to achieve - a caring, productive community of learners – have something of value to contribute to the education of others. Discovering what that something is becomes part of the excitement and challenge of working together for mutual benefit. Our wisdom is enhanced by the presence and voice of

each and every member of the community. Conversely, in anyone's absence, our potential wisdom is diminished.

**Teaching/Learning Strategies:**

Lecture, discussion, videos, case studies, and collaborative learning. Handouts will be available through Black Board. Prior to every class students will be expected to check Black Board regarding announcements and class preparation assignments. A variety of required readings can be found through electronic reserve—the password is nurse. Participation and discussion are not only encouraged but expected. I look forward to intelligent questions and lively and well supported debates. Be sure to complete the assigned reading and study guides before each class; otherwise, you will be unable to take effective notes and to enter into the discussions. While classes will cover the general topics, class discussion and reading materials are meant to complement each other rather than repeat each others; thus attendance is critical.

**Attendance Policy:**

Class attendance is required. Learning is an active process, and it is simply impossible for you to participate if you aren't here. You are allowed two unexcused absences. I will deduct 5 points from your semester grade for each additional absence.

**Tardiness:**

I am not supportive of tardiness. Once class has started, the classroom door will be closed and please do not enter at this time. This is disruptive to all. You may enter the classroom once the door is reopened.

**Class Atmosphere:**

Any true discussion involves personal exposure and thus the taking of risks. Your ideas may not agree with your neighbors', yet as long as your points are honest and supportable, they need to be respected by all of us in the classroom. Encouragement, questions, discussion, and laughter are a part of this class, but ridicule is never allowable, just as disruptive behavior is grounds for dismissal.

**Content Topics:**

See topic Calendar

**Methods of Evaluation:**

The final course grade will be based on three exams, a comprehensive final exam, two self study packets, senior video, and short quizzes.

Exam #1	= 20%
Exam #2	= 20%
Exam #3	= 20%
Final	= 30%
Sexuality self study	= 2.5%
Senior Video	= 2.5%
Class Preparation/Assignments	= 5%
	100%

**Grading Scale:**

A	100-92%
B	91-84%
C	83-75%
D	74-66%
F	64 and below

**IN ORDER TO PASS THIS COURSE, AN AVERAGE GRADE OF AT LEAST 75% MUST BE ACHIEVED ON THE 4 EXAMS. ALL STUDENTS MUST HAVE A "C" TO CONTINUE IN THE NURSING PROGRAM.**

**Tests and Final Exam:**

The tests and the final exam will each consist of objective questions (multiple choice). The final exam is cumulative.

**Missed Tests:**

If you miss a test, I expect a call prior to the test with a non-whimsical reason. You must set up an appointment to take the test within 2

days. The test may be in essay format, not the same format as that given on the scheduled date. If you do not take the test within 2 days, the other two tests will be averaged as the third test minus 10 points.

**Participation:**

As a participant in this course, you are expected to contribute. This means being actively present in class—joining in discussions and raising questions. Should your course grade be on the cusp at the close of the semester, the fact that you have actively, appropriately, and consistently joined into class discussions will push your grade toward the higher mark.

**Test Review:**

Tests will be available for review on an individual basis. In order to review your test, please make an appointment with me. Tests will not be available for review after December 13.

**Professional Behavior:**

The list below is a brief compilation of behaviors that are **most disruptive** to the class as well as the teacher. Please refrain from the following behaviors while attending class.

- Cell phone use (phones are to be turned off during class)
- Sleeping (heads on desks is most disruptive)
- Studying for other classes, using the lap top to surf the internet and e-mail

You may eat and drink in class as long as it does not disturb your classmates.

**During Testing, place cell phones, back packs, etc in front of classroom.**

**Social Media Policy:**

Social media and the internet provide an important medium for sharing information and offers easily accessible methods for mass communication. Nursing students must be aware of the risks and consequences associated with social networking. On-line social networking (e.g., Face book, MySpace, Twitter, blogs, etc.) are open, publicly accessible sites. Unprofessional or unbecoming online behavior undermines not only the nursing student's reputation, but may also have negative implications for Xavier University, and the profession of nursing. Certain violations in the use of social media may expose the offender to criminal and civil liability. Refer to the social media document posted on blackboard for more information and to view the Social Media Policy. <http://www.xavier.edu/nursing/current-studetns.cfm>

**Caveat:**

The schedule and procedure in this course are subject to change in the event of extenuating circumstances as well as class learning needs and desires.

### Topical Calendar

Date	Topic	<b>Detailed Assignment is posted on Blackboard</b>
8/26	Orientation to Course Josie King Story	
8/29	Communication: Communication & Patient Safety	Chapter 25 pp. 463-471
9/2	LABOR DAY	
9/4	Communication: Therapeutic Communication	Chapter 25 pp. 471-484
9/9	Communication: Teamwork & Collaboration	Chapter 25 pp. 484-488
9/11	Communication: Team STEPPS, ISBARR	
9/16	Nursing Process –Assessment Health Literacy	Chapters 10 & 11 Ch 27, pp. 501-03
9/18	Nursing Process—Nursing Diagnosis	Chapter 12 Bring Nursing Diagnosis Text
9/23	Nursing Process--Planning	Chapter 13
9/25	Nursing Process— Implementation & Evaluation	Chapter 14
9/30	<b>TEST 1</b>	
10/2	Stress/Coping & Integrative Therapies	Chapters 42 & 19
10/7	<b>FALL BREAK</b>	
10/9	Caring in Nursing Practice, Holistic Nursing Spirituality	Chapter 25
10/14	Health & Wellness	Chapter 17

10/16	Spirituality	Chapter 41
10/21	Spirituality	
10/23	Loss & Grief	Chapter 43
10/28	Loss & Grief	
10/30	Loss & Grief	<b>Sex Self Study Due Chapter 40</b>
11/4	<b>TEST 2</b>	
11/6	Cognitive Impairment	
11/11	Cognitive Impairment	
11/13	Cognitive Impairment	
11/18	Law	Chapter 4
11/20	Ethics	Chapter 5
11/25	<b>TEST 3</b>	
11/27	<b>THANKSGIVING HOLIDAY</b>	
12/2	Safety Simulation Preparation	
12/4	Stages of Development Self Concept Child through Middle Adult	Chapters 20, 22 and 39
12/9	Healthy Adult	Chapter 23
12/11	Senior Video	