

# The Lasting Impact of Trauma



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## Purpose of Proposal:

- To develop education for parents and caregivers of children who have been traumatized.
- Traumatized children are considered to be at a high risk for developing delinquent behaviors related to the lasting effects of trauma.
- Education for parents and caregivers aimed at providing assessment and proper care with early intervention can improve outcomes for at risk children.

## ACE Questionnaire

- ❖ Physical Abuse
- ❖ Sexual Abuse
- ❖ Emotional Abuse
- ❖ Physical Neglect
- ❖ Family Mental Illness
- ❖ Mother treated Violently
- ❖ Divorce
- ❖ Incarcerated Relative
- ❖ Substance Abuse

## Outcomes:

- Findings will contribute to the development of an educational program about Trauma Informed Care directed at parents and caregivers.
- The findings will also be shared with the leadership team at the participating hospital.

## Relevance to the Profession:

- Identification and treatment of trauma can decrease medical expenses in the future and improve outcomes for patients.
- The findings will provide framework for future research and can be incorporated into a multi-disciplinary educational program.

## Background:

- Adverse Childhood Experiences (ACE) cause permanent changes to the brain and impact future physical and mental health.
- Delinquent behaviors are often punished rather than identified as the result of traumatic events and treated with trauma informed care.
- Educating the families of children with an ACE in trauma informed care has been proven effective in Foster Families.

## Methods:

- Offering the ACE questionnaire to parents allows for the identification of childhood traumas.
- Participants must be residents of specified geographical area, ages 4-17 and the parents must be able to read.
- Participants must be hospitalized in the Psychiatric Department of a large full service midwestern pediatric hospital and academic medical center.



## References:

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