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2020

372-01 Families in Transition

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**XAVIER UNIVERSITY
COLLEGE OF NURSING**

Spring 2020

Course Number and Title: NURS 372 Section 01 - Families in Transition

Number of Credits: 4 semester hours

Pre-requisites: NURS 230, 231, and 364

Co-requisites: NURS 373

FACULTY: Kaelene Acosta, MSN, RNC-EFM

Heather Moore, MSN, BSN, RN

CoursePoint + ID: 917EFC7C

**OFFICE, OFFICE HOURS,
CONTACT INFORMATION:**

Kaelene Acosta, MSN, RNC-EFM

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Heather Moore, MSN, BSN, RN

Cohen Center, Room 122

Email: mooreh11@xavier.edu

Office hours: M & W 10:30-11:30 and by appointment

COURSE TIMES: 1:00 – 2:50pm M/W, Cohen 34 (1st half), Cohen 110 (2nd half)

COURSE DESCRIPTION:

Focus on facilitating holistic health outcomes for families experiencing transitions. Family transitions, developmental and situational, through the life-cycle are explored. Issues surrounding health-illness transitions in the family are also discussed. Diversity of family life related to ethnicity/culture is emphasized. The role of the holistic nurse as an educator, consultant, facilitator and partner with the client/s is emphasized.

TABLE 1: COURSE OBJECTIVES

Course Objective	Related Essential of Baccalaureate Education for Professional Nursing Practice
1. Analyze moral, ethical, social and legal issues which impact families experiencing transitions.	Essential V: Healthcare Policy, Finance, and Regulatory Environments
2. Incorporate knowledge from the humanities and sciences to critically reflect and discuss appropriate nursing therapeutics for families in transitions.	Essential IX: Baccalaureate Generalist Nursing Practice
3. Examine factors related to quality, safety, effectiveness and efficiency in planning and delivering care to families experiencing transitions.	Essential VI: Interprofessional Communication and Collaboration for Improving Patient Health Outcomes
4. Analyze the impact of cultural diversity on families experiencing transitions.	Essential VII: Clinical Prevention and Population Health
5. Discuss communication methods used professionally and therapeutically within the family.	Essential IX: Baccalaureate Generalist Nursing Practice
6. Explore family development throughout the life cycle.	Essential IX: Baccalaureate Generalist Nursing Practice
7. Discuss the effect of birth, child rearing and aging on the family.	Essential IX: Baccalaureate Generalist Nursing Practice
8. Examine the effect of childhood illnesses on the family.	Essential IX: Baccalaureate Generalist Nursing Practice

Required Resources: Ricci, S.S., Kyle, T., Carman, S. (2017). *Maternity and Pediatric Nursing*, (3rd ed.). Philadelphia: LWW.

CoursePoint+ for *Maternity and Pediatric Nursing*, (3rd ed.)

Additional Resources: Ackley, B. J. & Ladwig, G. B. (2013). *Nursing diagnosis handbook: An evidence-based guide to planning care* (10th ed.). St. Louis, MO: Mosby Elsevier.

Frandsen, G. & Pennington, S. S. (2014). *Abram's clinical drug therapy: Rationales for nursing practice* (10th ed.). Philadelphia, PA: Lippincott, Williams & Wilkins.

Teaching/ Learning Strategies:

Lecture, reading, discussion, group learning and presentations, adaptive learning, case studies, videos

Methods of Evaluation: (Any applicable rubrics are located in Canvas)

OB

Assignments	10%
Exams	
Module Tests	10%
Midterm	20%
ATI proctored exam with remediation	8%
Practice ATI and Remediation	2%
Total	50%

Peds

Assignments & Weekly Quizzes	10%
Exams	
Exam 1& Exam 2	10%
Final	20%
ATI proctored exams with remediation	8%
Practice ATI's and Remediation	2%
Total	50%

GRADING SCALE: (you must obtain a C or greater for a passing grade in nursing courses; a C- is **not** a passing grade in nursing courses).

94 – 100	A
90 – 93	A-
87 – 89	B+
84-86	B
80-83	B-
77-79	C+
75-76	C
70-74	C-
67-69	D+
64-66	D
Below 64	F

Assignments:

Assignment descriptions and due dates/times are available via Canvas. Written assignments should utilize APA (6th edition) standards.

Late Assignments:

Late assignments will receive a 10% per day penalty for up to four days; thereafter the assignment will receive a zero and will not be accepted for credit. An assignment is considered one day late if it is submitted past the identified due date/time. It is considered two days late if it is submitted any more than 24 hours past the identified due date/time, and so forth.

Tests and Exams:

Tests will primarily contain multiple-choice NCLEX-style questions. Tests may also include unfolding case studies or short answer responses (e.g., medication math calculations). Learning outcomes from assigned readings, CoursePoint+ assignments, case studies, and classroom activities will be included in tests and exams. Your attendance at the scheduled time for all tests and exams is expected, and any exceptions must be authorized by the faculty member prior to the time of the exam. Tests will be completed online via Respondus unless otherwise specified. Make-up tests must be completed within 2 school days. Late exams will be at the discretion of the faculty member and may differ in structure from the exam given at the scheduled time.

Testing Procedure:

Students should bring their own laptop or device (with Respondus browser installed – will not work with Chromebook) or check out a laptop from the CLC in advance of the test. Students are allowed one blank paper and one writing utensil. Please write your name on your blank paper and hand it in upon finishing the exam. No extraneous materials are allowed at your table or on your person while testing. This includes backpacks, drinks, hats/caps, coats, cell phones, and other items at the discretion of the instructor. All cell phones should be turned off for the duration of the test. Backpacks and personal items should be placed at the front or back of the classroom until testing is finished.

ATI:

The maternity/pediatric specialty ATI exams will be administered at designated times during the semester. Students are required to bring ear buds for the exam. Students will be required to complete a remediation based upon achieved score.

More details on the ATI assignments and the associated grading can be found in the ATI policy as well as on Canvas

Academic Honesty:

High standards of personal honesty and respect are expected of Xavier University students and future members of the nursing profession. Violations of certain standards of ethical behavior will not be tolerated. These include theft, cheating, copying from other students, plagiarism, and unauthorized assistance in assignments and tests. For a full explanation of the Academic Honesty

policy and penalties for violations of the policy, please refer to the [Xavier University Catalog](#).

Review the Professional Conduct and Social Media Policies in the School of Nursing Undergraduate Student Handbook. Persistent tardiness, excessive absences, excessive conversations between classmates, cell phone usage (including texting) and sleeping/dozing during class are examples of unprofessional behaviors and will not be tolerated. Exhibiting unprofessional behavior will result in a student warning or possible expulsion from this course. Certain violations in the use of social media may expose the offender to criminal and civil liability.

Attendance:

Reasonable attendance at all class meetings is expected. If a student is unable to attend a class, missed class content is the sole responsibility of the student. Unexcused absence from a previously announced test may incur the penalty of a failure in that particular test.

Participation: Active participation is expected and includes:

- Attendance
- Punctuality
- Sharing information and perspectives
- Showing respect to classmates, guests, faculty, and staff
- Preparing for class (i.e., checking Canvas, completing homework and readings)
- Bringing a computer to class

OB Topical Outline:

Module	Date	Content	Meds	Quizzes/Exams
1 Intro to Family-Centered Care CH 1-2, 10	13-Jan	Family-centered care, contemporary childbirth, primary care and prevention, culturally competent care, ethical issues, Culture and family, religion, alternative medicine, genetics and expression, genetic testing and categories of with focus on prenatal testing - ultrasound, amnio, cvs, PUBS, then postnatal testing - nb screen, cultural groups and their specific risks. At the end of class watch a portion of "The Business of Being Born" - understand reasoning and EBP behind why people make other decisions		Mod 1 test on own by 1/19

2 Pregnancy and the Family CH 11-12, 19-20	15- Jan	fertilization and preembryonic development, implantation, chorion and amnion, germ layers, amniotic fluid, lanugo, vernix, yolk sac, umbilical cord, twins, placenta, fetal circulation, fetal development, factors influencing fetal development		Mod 2 test 2/5
NO CLASS	20- Jan	NO CLASS MLK		
	22- Jan	maternal physiologic changes during pregnancy by system; weight gain recommendations; categories of pregnancy symptoms - presumptive, probable and positive; rxns to pregnancy. antepartum assmt and assmt of risk factors; care by week; nagele's rule; GP GTPAL; how to monitor pregnancy/fetus - fundal height, quickening, doppler, US, etc.; pelvic measurement; screening and diagnostic tests during pregnancy by week	Folic acid, PNV, Iron	
	27- Jan	care of the family; childbearing decisions; careprovider; support; early education; discomforts of pregnancy and interventions; fetal activity monitoring (cardiff/kick counts); self-care; exercise recommendations; sexual activity; avoidance of teratogens and healthy lifestyle; alcohol, tobacco, drug and caffeine use during pregnancy. maternal nutrition and necessary supplements; adolescent care; pp nutrition.	ibuprofen, tylenol	
	29- Jan	pregnant teens; AMA moms kick counts; tv and abd US; nuchal translucency; doppler flow studies; NST, CST and BPP; Amnio; CVS. Pregestational issues; DM, anemia, substance abuse; HIV; cardiac issues and other.	Methformin, gliburide, insulin, antiretrovirals	

	3-Feb	gestational complications; spontaneous abortion; bleeding; ectopic pregnancy; trophoblastic disease; hyperemesis gravidarum; preeclampsia and eclampsia; HELLP; other HTN disorders; TORCH; GBS; surgery; abuse; Rh and ABO incompatibility.	methotrexate, reglan, ondansetron, magnesium sulfate, calcium gluconate, nifedipine, labetalol, dilantin, penicillin G, acyclovir, ampicillin, rhogam	
3 Birth and the Family CH 13-14, 21	5-Feb	prep for labor; 5 p's; theories of labor; premonitory signs of labor; true vs. false; stages and phases of labor; cardinal movements of labor and video (2 min in length) (https://www.youtube.com/watch?v=BLhkmqAZf-k); maternal response to labor; fetal response to labor. If there is time at the end, watch video of vaginal and c-section deliveries.		Mod 3 test 2/17
	10-Feb	intrapartum care by stage; fetal monitoring. culture and spirituality during labor; nonpharmacologic pain control; intrapartum care by stage; newborn care; precipitous delivery.	pitocin, misoprostol, methergine, hemabate, vitamin K, erythromycin,	
	12-Feb	pharmacologic pain relief including Narcotics, spinal, epidural, general, pudendal, local, meds, etc. PROM/PPROM; PTL; Placenta previa; placental abruption; cervical insufficiency; multiple gestation; hydramnios and oligohydramnios. tachysystole; hyptonic labor; postterm; fetal malposition and malpresentation; macrosomia; fetal distress; prolapsed cord; amniotic fluid embolus; postpartum hemorrhage; perinatal loss of mom or baby. version; amniotomy; cervical ripening; induction; episiotomy; forcpses and vacuum; c-section; TOLAC vs VBAC.	stadol, nubain, duramorph, terbutaline, 17P progesterone, indomethacin, magnesium sulfate, calcium gluconate, betamethasone, cervidil, cytotec	
4 The Postpartum Family CH 15-16, 22	17-Feb	postpartum assessment and care. postpartum care; home visits; family; concerns; basic newborn care. PPH causes, treatments and care; hematoma; puerperal infections; UTI's; mastitis; DVT; postpartum blues, depression and psychosis.		Mod 4/5 test 2/26

5 Newborn CH 17-18, 23-24	19- Feb	NB assessment, nutrition, I & O, ballard, apgar, needs, meconium, RDS, ROP, cold stress, meds, jaundice, immunity, screenings, special considerations	sucrose, erythromycin, vitamin k	
	24- Feb	NB cont.		
6 Womens Health CH 3-9		hormones and puberty; A&P genitalia; hormones and roles in resproduction including ovarian and menstrual cycles. sexuality; menstruation; menstrual conditions; contraception; preconception counseling; health promotion - mammogram, pap, BSE, etc.; menopauseand issues; violence/abuse. fibroids; endometriosis; PCOS; TSS; BV; candidiasis; STI (overview on mplications for pregnancy?); PID; infertility.	COC's, depoprovera, Plan B, flagyl, acyclovir, clomid, HRT for menopause, diflucan	Mod 6 material - covered on midterm - no test
	26- Feb	Take Mod 4/5 test and Review for midterm		
	2- Mar	OB MIDTERM		
	4- Mar	OB ATI		

Pediatric Topical Outline:

Module	Date	Content	Meds	Quizzes/Exams	CP+/ Assignments
Intro to Family-Centered Care CH 1-2, 10	13-Jan	Family-centered care OB & PEDS, contemporary childbirth, primary care and prevention, culturally competent care, ethical issues, Culture and family, religion, alternative medicine, genetics and expression, genetic testing and categories of with focus on prenatal testing - ultrasound, amnio, cvs, PUBS, then postnatal testing - nb screen, cultural groups and their specific risks. At the end of class watch a portion of "The Business of Being Born" - understand reasoning and EBP behind why people make other decisions (https://www.youtube.com/watch?v=KvljyvU_ZGE) watch from 4:30 in through 28 min.		Mod 1 test on own by 1/19	CP+ 1, 2, 10 Due 1/19
Module A Care and Needs of Children	15-Jan	Growth, Development, Nutrition, etc. CH 25-30, pp. 1300-1303 G&D of NB, infant, toddler, preschooler, school-age child, and adolescent; nutrition; nursing care of children, & pain assessment			
NO CLASS	20-Jan	NO CLASS MLK			

	22-Jan	Health, Illness, Immunity & Communicable Disease CH 37 & pp. 1866-1870	Childhood Immunizations		CP + 25-29 due 1/22
	27-Jan	Cardiac CH 41 ASD, VSD, PDA, coarctation, pulmonic stenosis, TGA, Tetralogy of Fallot, HLH, kawasaki, ARF, cardiac cath	digoxin, lasix, indomethacin, prostaglandin E1, IVIG, aspirin, PCN, sulfa, erythromycin, prednisone		Cardiac Disorders WS
	29-Jan	ENT & Respiratory CH 39 & 40 Conjunctivitis, Hyper/myopia, otitis media, epistaxis, tonsillitis, SIDS, croup, piglottitis, bronchitis, bronchiolitis, pneumonia, CF, asthma	atropine drops, amoxicillin, dornase alfa, albuterol, levalbuterol, montelukast, theophylline, cromolyn sodium,		
Module B Care and Needs of Children continued	3-Feb	Immune, Hem, & Endocrine CH 46-48 ID anemia, SC anemia, aplastic anemia, hemophilia, ITP, diabetes, PKU, galactosemia, tay sachs, congenital hypothyroid, precocious puberty	iron, ddavp, tegretol, dilantin, valproic acid	Exam 1	

	5-Feb	Immune, Hem, & Endocrine CH 46-48 cont.			
	10-Feb	Integumentary CH 45 Mites, lice, thrush, tinnea, impetigo, dermatits, eczema, acne, burns	permethrin, nystatin, diflucan, clotrimazole , metronidazo le, griseofulvin, Retin-A, acutane, cloxacillin, dicloxacillin, bactraban		
Module C Care and Needs of Children Continu ed	12-Feb	Musculoskeletal CH 44 kyphosis, lordosis, fracture, compartment syndrom, scoliosis, clubfoot, DDH, JIA, MD	methotrexat e, Enbrel, humira	Exam 2	
	17-Feb	GI & GU CH 42 & 43 cleft ip/palate, atresia/fistula, pyloric stenosis, intussusception, hirschsprungs, GERD, appendicitis, hernia, celiac, enuresis, glomerulonephritis, nephrotic syndrome, bladder exstrophy, hypo/epispadias, UTI, cryptorchidism	ranitidine, prilosec, oxybutinin		

	19-Feb	GI & GU CH 42 & 43			
	24-Feb	Neuro & Cognitive CH 50 & 38 & pp. 1691-1696 LOC, increased ICP, seizure, meningitis, reye syndrome, hydrocephalus, NT defects, autism, PDD, ADD/ADHD,	methylnidate, adderall, strattera		Other CP+ assignments due
	26-Feb	Review for midterm and ATI Prep			
**MIDT ERM EXAM* *	2-Mar	MIDTERM			
	4-Mar	PEDS ATI			
		SWITCH		Mod 1 quiz by 1/19 on own	1,2, & 10 due 1/19

Module A Care and Needs of Children	16-Mar	Growth, Development, Nutrition, etc. CH 25-30, pp. 1300-1303 G&D of NB, infant, toddler, preschooler, school-age child, and adolescent; nutrition; nursing care of children, & pain assessment			
	18-Mar	Health, Illness, Immunity & Communicable Disease CH 37 & pp. 1866-1870	Childhood Immunizations		
	23-Mar	Cardiac CH 41 ASD, VSD, PDA, coarctation, pulmonic stenosis, TGA, Tetralogy of Fallot, HLH, kawasaki, ARF, cardiac cath	digoxin, lasix, indomethacin, prostaglandin E1, IVIG, aspirin, PCN, sulfa, erythromycin, prednisone		Cardiac Disorder worksheet

	25-Mar	ENT & Respiratory CH 39 & 40 Conjunctivitis, Hyper/myopia, otitis media, epistaxis, tonsillitis, SIDS, croup, piglottitis, bronchitis, bronchiolitis, pneumonia, CF, asthma	atropine drops, amoxicillin, dornase alfa, albuterol, levalbuterol, montelukast , theophylline , cromolyn sodium,		CP + 25- 29 Due 3/25
Module B Care and Needs of Children continu ed	30-Mar	Immune, Hem, & Endocrine CH 46-48 ID anemia, SC anemia, aplastic anemia, hemophilia, ITP, diabetes,PKU, galactosemia, tay sachs, congenital hypothyroid, precocious puberty	iron, ddavp, tegretol, dilantin, valproic acid	Exam 1	
	1-Apr	Immune, Hem, & Endocrine CH 46-48 cont			
	6-Apr	Integumentary CH 45 Mites, lice, thrush, tinnea, impetigo, dermatits, eczema, acne, burns	permethrin, nystatin, diflucan, clotrimazole , metronidazo le, griseofulvin, Retin-A, accutane, cloxacillin, dicloxacillin, bactraban		

Module C Care and Needs of Children Continued	8-Apr	Musculoskeletal CH 44 kyphosis, lordosis, fracture, compartment syndrom, scoliosis, clubfoot, DDH, JIA, MD	methotrexate, Enbrel, humira	Exam 2	
NO CLASS	13-Apr	Easter Break - NO CLASS			
	15-Apr	GI & GU CH 42 & 43 cleft lip/palate, atresia/fistula, pyloric stenosis, intussusception, hirschsprungs, GERD, appendicitis, hernia, celiac, enuresis, glomerulonephritis, nephrotic syndrome, bladder exstrophy, hypo/epispadias, UTI, cryptorchidism	ranitidine, prilosec, oxybutinin		
	20-Apr	GI & GU CH 42 & 43 cont.			

	22-Apr	Neuro & Cognitive CH 50 & 38 & pp. 1691-1696 LOC, increased ICP, seizure, meningitis, reye syndrome, hydrocephalus, NT defects, autism, PDD, ADD/ADHD,	methylpheni date, adderall, stratter		Other CP+ assignments due
	27-Apr	Review for final and ATI Prep			
	29-Apr	PEDS ATI			
FINA L EXA M**	Mond ay 5/4/2 020	FINAL EXAM**		2pm	

Office of Academic Support

The Office of Academic Support offers tutoring, Supplemental Instruction (SI), and study groups. For information about these services, contact Stephanie Daniels at 745-3214 or danielss3@xavier.edu. The OAS is located on the fifth floor of the Conaton Learning Commons, Suite 514.

Office of Disability Services

Xavier University is committed to providing equal opportunity and access to the educational experience through the provision of reasonable accommodations. For students who have an accommodation letter from Disability Services, it is essential that you email the letter and meet with Cassandra Jones as soon as possible to discuss your disability-related accommodation needs for this course. If you have not yet met with Disability Services to arrange accommodations, it is necessary that you do so as soon as possible as accommodations are not retroactive. If you would like information regarding eligibility for academic accommodations due to barriers associated with a potential disability, please contact Cassandra Jones, Director of Disability Services, by phone at 513-745-3280, in person on the Fifth Floor of the Conaton Learning Commons, Room 514, or via e-mail at jonesc20@xavier.edu. to coordinate reasonable accommodations as soon as possible. Please contact Disability Services well in advance of needing an accommodation as the registration process can take several weeks.

Caveat:

The schedule and procedure in this course are subject to change in the event of extenuating circumstances as well as class learning needs and desires.

Addendum 3/19/2020

Due to the coronavirus (COVID-19) and unforeseen suspension of in-person courses and activities, from March 13, 2020 through the end of the semester (May 8, 2020) all didactic activities and classes will be offered in a virtual fashion via Canvas. Please see Canvas for details on these assignments and activities.