

Xavier University

## Exhibit

---

COVID-19 & Xavier: Documents

COVID-19 & Xavier: A Digital Collection

---

2020-05-08

### My Life During Quarantine

Emily Helms

Follow this and additional works at: [https://www.exhibit.xavier.edu/covid19xu\\_documents](https://www.exhibit.xavier.edu/covid19xu_documents)

---

Hello, my name is Emily Helms, I live in Cary, Illinois and I am a freshman at Xavier. I have now been in shelter in place for 7 weeks. I have been keeping very busy with a lot of classes that are online along with a ton of homework. Having class at home is very challenging because there are many more distractions at home, like my brothers wanting to go do something. I have been spending a lot of time with my family as well due to the fact that we are stuck in the same house. I have also been spending a lot of time outside, I have been swimming, taking walks with my dog and family, and running. While I am outside it is nice to see all the people, you would not normally see, out for walks. I have also picked up a job, an Instacart shopper, while being in quarantine. If I am really bored, I will just go for drives in my car to listen to music. I have been trying to keep in touch with all my friends at school since we all live far from each other. I miss my friends from school very much along with being in the classroom to learn. Place now such as the grocery store is very empty, beginning on May 1<sup>st</sup> everyone was required to wear a mask when they are in public. It has been hard to be stuck inside because there are only so many things you can do before you get bored.